

Directions: Chew or hold one lozenge in mouth just prior to bedtime as needed or as directed by your healthcare practitioner.

Melatonin is a hormone produced by the pineal gland of mammals and reaches peak levels at night. Studies show that it may be associated with the regulation of the sleep/wake cycles.* Melatonin is a potent antioxidant that defends against free radicals and helps to support glutathione activity in the neural tissue.* This melatonin is provided in convenient, peppermint-flavored lozenges. When dissolved in the mouth, melatonin may go directly to the brain and bypass the liver causing it to work quickly and effectively.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Does not contain artificial colors, sweeteners or preservatives.
This Formula Meets or Exceeds cGMP Quality Standards.

NuMedica®

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Support for the Sleep Cycle*

Melatonin

Peppermint Flavor

60 lozenges

 gluten free

PROFESSIONAL USE ONLY | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Lozenge

Servings Per Container: 60

	Amount	%DV*
Vitamin B-6 (as pyridoxine HCl)	3 mg	150%
Melatonin	3 mg	**

* Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Fructose, cellulose, stearic acid (vegetable source), mannitol, natural peppermint flavor, sorbitol, magnesium stearate (vegetable source).

Free of: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

 Suitable for Vegetarians

