

WHAT IS SHRED MATRIX™?

- The most powerful fat loss system available! *
- IS COMPLETELY unique – utilizing the power of THE comprehensive, **8-STAGE FAT LOSS SYSTEM**, formulated to help you achieve the tight, fit, lean and toned body you've been seeking.
- Utilizes the body's multiple energy pathways to mobilize fat to become the body's primary fuel source. *
- Destroys cravings, curbs hunger, improves energy and alertness, and enhances mental focus and mood. *

SUGGESTED USE: Take one serving (3 capsules) with an 8 oz. glass of water twice daily.

MORNING: Take three (3) capsules with 8 ounces of water 30-45 mins before breakfast.

AFTERNOON: Take three (3) capsules with 8 ounces of water 30-45 mins before lunch.

Drink a minimum of 1 gallon of water per day while on Shred Matrix

*Shred Matrix should not be taken within 6 hours before bed.

SUPPLEMENT FACTS

Serving Size 3 Capsules - Servings Per Container 40

	Amount Per Serving	% DV †
Niacin (as niacinamide)	3 mg	15%
Biotin	150 mcg	50%
Pantothenic acid (as d-calcium pantothenate)	3 mg	30%
Magnesium (Gluconate)	3.5 mg	1%
Zinc (Monomethionine)	1 mg	6%
Chromium (chelate)	100 mcg	83%

8 Stage Weight Loss Proprietary Blend

2,437.5 mg

Stages 1 & 2: Energy & Fat Metabolism

Guarana Seed Extract (Paullinia cupana) (22% caffeine), Caffeine Anhydrous (150 mg), Green Tea Extract (40% EGCG) (Camellia sinensis)(leaf), Suma Extract (20:1)(Pfaffia paniculata)(root), Saw Palmetto (Sereaoa repens)(berry), Yerba Mate (Ilex paraguariensis)(leaf), Fo-Ti (Polygonum multiflorum)(root), Eleuthero (Eleutherococcus senticosus)(root), Cayenne 40,000 HU/g (Capsicum annum)(pepper), Yohimbine HCL

Stages 3 & 4: Appetite Balancing & Weight Management Control

Glucomanan (Amorphophallus konjac)(root), Guar Gum, Alpha Lipoic Acid, Gymnema sylvestre (leaf), Banaba Extract (1% Corosolic Acid)(Lagerstroemia speciosa)(leaf), D-Biotin, Calcium Malate, White Kidney Bean (Phaseolus vulgaris)(bean), Chromium (Chelate)

Stage 5: Anti-Stress Mood Balancing Matrix

Turmeric (Standardized for Curcuminoids)(Curcuma longa)(root/rhizome), Panax Ginseng Root, 5-HTP (Griffonia simplicifolia)(seed), Echinacea Angustifolia (root), Garlic, Wood Betony (Betonica officinalis)(herb), Astragalus (Astragalus membranaceus)(root)

Stage 6: Brain Power Matrix

Pyroglutamic Acid, Papain

Stage 7: Diuretic Complex

Uva Ursi (Arctostaphylos uva-ursi)(leaf)(contains Arbutin, Methyl-Arbutin), Dandelion (Taraxacum officinale)(root) Extract 20:1 (contains Taraxol & Taraxerol), Potassium Aspartate

Stage 8: Sugar Stop™ & Enzyme Aid Matrix

DigeSEB® (Amylases, Protease Blend [I, II and III], Lipase, Lactase, HemiSEB® Cellulase, Maltase, Invertase, Bromelain, Peptizyme SP®, Papain and Alpha-Galactosidase), Ginger (Zingiber officinale)(root), Fennel (Foeniculum vulgare)(seed), Almond Oil Powder, Dulce (Palmaria palmata)(algae), Alfalfa (Medicago sativa)(leaf), Chlorella, Artichoke (Cynara cardunculus)(leaf), Irish Moss Red Algae (Chondrus crispus)(algae), Wild Mexican Yam (Dioscorea villosa)(root), Apple Pectin, Kelp, Bromelain, Rutin NF

OTHER INGREDIENTS: Gelatin, Magnesium Stearate, Microcrystalline Cellulose

* Daily Value (DV) not established.

ALLERGEN WARNING: This product was produced in a facility that may also process ingredients containing milk, egg, soybeans, shellfish, fish, tree nuts, and peanuts.

WARNING: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing, if you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Not intended for use by persons under age 18. Do not exceed recommended dose. Do not consume synephrine or caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Contains caffeine. Do not use for more than 8 weeks. Consult with your physician prior to use if you are pregnant or nursing, or if you are taking medication, including but not limited to MAO inhibitors (MAOI), antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phenylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath, keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Exclusively Developed & Manufactured For:
MUSCLEPHARM®
4721 Ironton St. Denver, CO 80239 USA
MUSCLEPHARM.COM

MADE IN A cGMP AND NSF® CERTIFIED FACILITY
MADE IN USA

LEARN THE SECRET TO GET SHREDDED IN 8 WEEKS USING SHRED MATRIX™!! HOW I LOST OVER 45LBS FAST!!



WEIGHT: 235lbs



WEIGHT: 185lbs

AS MUSCLEPHARM'S PRESIDENT, IT'S IMPORTANT TO ME THAT MUSCLEPHARM PRODUCTS PERFORM! OUR COMPANY WAS BUILT BY ATHLETES, FOR ATHLETES, SO IT'S IMPORTANT THAT I WALK THE WALK TOO!

SO, I PUT MY MONEY WHERE MY MOUTH IS WHEN I DECIDED TO GET INTO THE BEST SHAPE OF MY LIFE. I USED SHRED MATRIX™ TO GET INTO MY BEST CONDITION EVER AND I'M JUST AMAZED WITH THE RESULTS! I WOULD WAKE UP EACH MORNING LEANER AND TIGHTER, ALMOST AS IF THE FAT WERE MELTING AWAY RIGHT BEFORE MY EYES!

AND THE BEST THING I NOTICED ABOUT SHRED MATRIX™ - I WAS NEVER HUNGRY! AMAZING APPETITE CONTROL, AMAZING RESULTS!

BUT DON'T TAKE MY WORD FOR IT
GET SHRED MATRIX™ NOW AND SEE FOR YOURSELF!

(TRUST ME, I'M THE PRESIDENT OF MUSCLEPHARM. - I WOULDN'T PUT MY PICTURE ON THE BOX IF I DIDN'T BELIEVE IN THIS PRODUCT!)

Cory Gregory
PRESIDENT MUSCLEPHARM

GET THE FREE DIET & TRAINING GUIDE AND LIVE THE SHRED LIFESTYLE!

FOR MORE INFORMATION GO TO:
SHREDLIFESTYLE.COM

FREE DIET & TRAINING GUIDE
AVAILABLE AT SHREDLIFESTYLE.COM



[LIVE SHREDDED]™



SHRED MATRIX™

8-STAGE WEIGHT-LOSS SYSTEM

- STRONGEST FORMULA AVAILABLE
- PHYSICIAN-FORMULATED
- VISIBLE CHANGES IN LESS THAN 2 WEEKS *

SHRED LIFESTYLE SERIES

DIETARY SUPPLEMENT
120 CAPSULES

THIS PRODUCT CONTAINS
NO BANNED SUBSTANCES



8-STAGE WEIGHT-LOSS SYSTEM

SHRED MATRIX'S CAREFUL COMBINATION OF CLINICALLY PROVEN INGREDIENTS IS PHYSICIAN-FORMULATED, RESULTING IN ONE OF THE MOST COMPLETE, MOST EFFECTIVE FAT LOSS SYSTEMS AVAILABLE. SHRED MATRIX'S COMPREHENSIVE FORMULA ATTACKS FAT FROM ALL ANGLES, IN IT'S 8-STAGE WEIGHT LOSS SYSTEM.

- STAGE 1. INCREASE ENERGY
- STAGE 2. RAMP UP METABOLISM
- STAGE 3. CRUSH HUNGER
- STAGE 4. BLOCK FAT FORMATION
- STAGE 5. ANTI-STRESS MOOD BALANCING BLEND
- STAGE 6. RAZOR-SHARP MENTAL FOCUS, WITHOUT CRASH OR JITTER
- STAGE 7. ELIMINATE EXCESS WATER
- STAGE 8. DESTROY SUGAR CRAVINGS

STAGES 1 AND 2:

INCREASED ENERGY AND RAMP UP METABOLISM.

SHRED MATRIX™ meticulously combines several carefully selected natural stimulant agents that have proven fat loss properties. These select herbs are the double-edged weapon against stored fat. These key ingredients support the mobilization and utilization of stored fats, to be used for energy. These same ingredients simultaneously deliver concentrated, sustained, performance-enhancing energy and focus without jitter or crash by speeding up metabolism and feeding the ramped up metabolic rate with fats pulled from the body's fat stores.

STAGES 3 AND 4:

CRUSH HUNGER & BLOCK FAT FORMATION.

SHRED MATRIX™ helps regulate blood sugar, which directly impacts the hunger sensation, appetite and energy levels. SHRED MATRIX™ also supports favorable nutrient repartitioning, which means increasing insulin sensitivity and facilitating the uptake of carbohydrates directly into muscle cells, away from fat storage areas, thus "blocking" fat formation. Better nutrient absorption means greater fat utilization for energy.

STAGE 5:

ANTI-STRESS (ADAPTOGEN), MOOD-BALANCING BLEND.

SHRED MATRIX™ makes it easy for you to stick to your nutritional plan by including several key adaptogenic, mood-enhancing and balancing agents to help counter the irritability and mood swings that can be associated with dieting. These natural, herbal ingredients may contribute to an improved sense of well-being and enhance mood by supporting healthy brain chemistry.

STAGE 6:

RAZOR-SHARP MENTAL FOCUS, WITHOUT JITTER OR CRASH.

SHRED MATRIX™ contains key herbal ingredients that help support natural brain chemistry, to enhance mental function and improve mood – very important to successful dieting! SHRED MATRIX™'s sophisticated formula provides all-day energy without crash or jitter. Perform better with razor sharp focus and alertness using SHRED MATRIX™.

STAGE 7:

ELIMINATE EXCESS WATER.

SHRED MATRIX's diuretic complex will help maintain fluid balance to keep your physique LEAN and TIGHT. Keeping the water in the right places and maintaining healthy fluid balance, will help the body systems work more efficiently, resulting in the tight, lean appearance that we're all after.

STAGE 8:

SUGAR STOP™ AND ENZYME AID MATRIX DESTROY SUGAR CRAVINGS. SHRED MATRIX™ addresses the problem of sugar/sweet cravings with the proprietary Sugar Stop Matrix™. Sugar Stop™ crushes the craving for sweets and sugar often associated with dieting for weight loss. The key enzymes in SHRED MATRIX™ help shuttle nutrients more efficiently into the bloodstream, maintaining better blood sugar maintenance for better control of cravings, and better use of ingested calories.