POWERFUL[1] | INTENSE[2] | EXTREME[3] | ENERGY[4] | PERFORMANCE[5]

E.S.P. from Metabolic Nutrition is a multi-strength stimulating Pre-Workout designed to deliver high-intensity energy unlike any other supplement in the marketplace. Unlike other Pre-workouts that are one dose for all users...E.S.P. is formulated to offer desired energy for low stamina or high stamina users, as well as, for high-stimulant users. Additionally, while competitors suffer from short, lived or erratic energy levels with questionable taste...E.S.P. Pre-Workout delivers consistent super stimulated energy for 4+ hours with a flavor profile that will have you craving it before every workout. As with all Metabolic Nutrition products, E.S.P. Pre-Workout is physician formulated and tested using only the highest quality ingredients that have passed our vigorous high standard tests.[1]

WARNING: E.S.P. is a powerful high-stimulant supplement that provides you the maximum dosage of caffeine and stimulants in only one large scoop. Do not exceed 1 large scoop recommended dosage per 24 hour period. Doing so will not improve results and will result in adverse health effects. One Large Scoop of E.S.P. provides 500 mg of caffeine, which is more than three cups of coffee. Do not use if you are under the age of 18 or elderly. Do not take with any other stimulant or weight-loss supplement or any prescription or over the counter medicine. Not to be used by pregnant or nursing women or person(s) who have a pre-existing health condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart/kidney/liver/thyroid disease, seizure disorder, psychiatric issues, diabetes, stimulant sensitivity or allergies, prostate enlargement, or taking any other medication (such as, but not limited to: MAO-inhibitor or SSRI's). Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, severe headache, shortness of breath or other similar symptoms. This product is intended for use by healthy individuals only. The consumer assumes total liability of this product if used in a manner inconsistent with label guidelines. Do not use for weight reduction. **KEEP OUT OF REACH OF CHILDREN.**

CALIFORNIA RESIDENTS ONLY:

WARNING: Consuming this product may expose you to chemicals including lead, which are known to the State of California to cause birth defects or other reproductive harm.

[1]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

barcode: 764779230036

Elé Tre Elesi®

Manufactured for & Distributed by
Metabolic Nutrition®
Fort Lauderdale, FL
For More Information:
1-800-826-1022
www.metabolicnution.com

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MADE IN USA

E.S.P.®

PRE-WORKOUT

Energy Stimulant Pre-Workout

physician formulated

Green Apple

- Multi-Strength Fast Acting Stimulant[1]
- Maximum Energy[1]
- Intense Focus[1]
- Amplified Endurance[1]
- Explosive Power[1]
- Zero Crash/ Zero Sugar[1]

ONE DOSE FOR ALL USERS

USE WITH CAUTION

ASSESS YOUR TOLERANCE FIRST

300 GRAMS

DIETARY SUPPLEMENT

Metabolic NUTRITION

SUPPLEMENT FACTS

CHOOSE YOUR STRENGTH	1x STRONG	2x INTENSE	1x EXTREME
Serving size:	1 Sm Scoop (3.3g)	2 Sm Scoops (6.6g)	1 Lg Scoop (10g)
Servings per container	90	45	30

Amount Per Serving	% Daily Value	% Daily Value	% Daily Value
Calories	2	4	8
Total Fat	0 g	0 g	0 g
Total Carbohydrate	0.5 g <1%	1 g <1%	2 g <1%
Total Protein	0 g	0 g	<1 g
Calcium Gluconate	50 mg 5%	100 mg 10%	200 mg 20%
Magnesium Gluconate	50 mg 12.5%	100 mg 25%	200 mg 50%
Potassium Gluconate	50 mg 1.5%	100 mg 3%	200 mg 6%
Sodium	7.5 mg 25%	15 mg 5%	30 mg 1%
Vitamin B3	5 mg 25%	10 mg 50%	20 mg 100%
Vitamin B6	1.5 mg 33%	2.11 mg 106%	4.23 mg 212%
Vitamin B12	125 mcg 2083%	250 mcg 4166%	500 mcg 8333%

E.S.P. Pre-Workout Proprietary Matrix (consisting of): Beta Alanine, Citrulle, 1,3,7-Trimethylpurine-2,6-dione, 3,7-dimethyl-1H-purine-2,6-dione, N-Acetyl-L-Tyrosine, Choline Bitartrate, Calcium Gluconate, Magnesium Gluconate, Potassium Gluconate, Sodium.

Other Ingredients: Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, FD&C Green Shade color, FD&C Green Alum. Lake, Silica, Fine Agent.

[1]**** Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

DIRECTIONS:

Due to the strength of E.S.P. Pre-Workout please assess your tolerance by initially taking only 1 level serving of the small scoop with 5 oz of water 15 minutes prior to your workout. After assessment of your tolerance, if you require further energy stimulation, you may increase to 2 level small scoops with 10 oz of water and wait 30 minutes prior to access your tolerance. Consumers, for maximum extreme energy release for advanced athletes or persons tolerant of high energy stimulants...you may take 1 level large scoop with 16 oz of water. Do not exceed one large scoop dosage in any 24 hour period. Do not take 4 hours prior to desired bedtime.

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