

MANGANESE

Manganese is essential for normal brain and muscle function. It is also necessary for forming the cushioning material between the joints. Manganese is also key in many enzyme functions, acting as a catalyst for utilization of choline, biotin, ascorbic acid, and thiamine.

Mixing Instructions: Mix with 8 to 10 ounces of juice or water.

In processing, FDA & GMP guidelines are observed and strictly followed.

Disclaimer: This product is not intended to diagnose, treat, prevent or cure any disease.

Manufactured by:

Complete H₂O Minerals

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**QUALITY PRODUCTS
FOR A QUALITY LIFE!**

**ULTIMATE
MANGANESE
CONCENTRATE
Dietary Supplement**

NET WT. 2oz. (60 mL)

Complete H₂O Minerals

For best results, store in a cool, dark place and use within six months.

NOTE: Do not use if tamper seal is broken or missing. Complete H₂O Minerals contain no fillers or artificial ingredients.

Recommended Dosage:

Adults: 1 mL 750 mcg

Children: 0.5 mL 375 mcg

or as recommended by a health care professional.

Supplement Facts

Serving Size 1 mL (25 drops) • Servings Per Container 60

	Amount Per Serving	%DV*
Manganese	750 mcg	6%
Chloride	990 mcg	0%

INGREDIENTS: PURIFIED WATER, MANGANESE CHLORIDE (750 PPM ELEMENTAL MANGANESE).

*Percent Daily Value based on a 2,000 calorie diet.

