Get answers to your

# - Similac\* FeedingExpert

800-986-8800 FeedingExpert.com

Live help • Nurses, dietitians & lactation consultants available

Always inform your doctor about the use of dietary supplements. Do not use this product in combination with other dietary supplements.

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### DHA & Lutein BEYOND THE ESSENTIALS

SYSTEM

THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



## DIETARY SUPPLEMENT

DHA/Lutein Softgel

#### Supplement Facts

Serving Size 1 Softgel

		% Daily Value For Pregnant/ Lactating Women
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	+
Vitamin E (as d-Alpha Tocopherol)	30 IU	100%
DHA (Docosahexaenoi Acid, from Fish Oil Concentrate [Anchov Sardine, Jack Mackerel, Tuna])		+
Lutein (from Marigold Flower [Tagetes ere		+
†Daily Value not established.		

OTHER INGREDIENTS: GELATIN, GLYCERIN, WHITE BEESWAX, SAFFLOWER OIL, WATER, SOY LECITHIN, ANNATTO EXTRACT. CONTAINS SOY INGREDIENTS.

MANUFACTURED IN A FACILITY THAT PROCESSES MILK, WHEAT, FISH, SHELLFISH, EGG, PEANUT AND TREE NUT INGREDIENTS.

Manufactured for:

ABBOTT NUTRITION, ABBOTT LABORATORIES 3300 STELZER RD., COLUMBUS, OHIO 43219-3034 USA

Have product-related questions? Call 1-800-515-7677, 8:30 am-5:00 pm,

Eastern time, weekdays. www.Similac.com

Do not use this product if safety seal underneath bottle cap is torn or missing. KEEP OUT OF REACH OF CHILDREN. Multivitamin and Mineral Tablet

## Supplement Facts OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CROSCARMELLOSE SODIUM,

		6 Daily Value or Pregnant/ Lactating Women
Vitamin A (50% as Beta-Carotene, 50% Vitamin A Palmitate)	4,000 IU	50%
Vitamin C (as Ascorbic Acid)	120 mg	200%
Vitamin D (as Cholecalciferol)	600 IU	150%
Thiamin (as Thiamine Mononitrate	e) 1.8 mg	106%
Riboflavin	1.7 mg	85%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B <sub>6</sub> (as Pyridoxine Hydrochloride)	2.6 mg	104%
Folic Acid	800 mcg	100%
Vitamin B <sub>12</sub> (as Cyanocobalamin)	8 mcg	100%
Biotin	35 mcg	12%
Pantothenic Acid (as Calcium D-Pantothenate)	10 mg	100%
Calcium (as Calcium Carbonate)	300 mg	23%
Iron (as Ferrous Fumarate)	27 mg	150%
lodine (as Potassium lodide)	210 mcg	140%
Magnesium (as Magnesium Oxid	e) 200 mg	44%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	70 mcg	t
Copper (as Copper Gluconate)	2 mg	100%
Manganese (as Manganese Gluconat		
Chromium (as Chromium Chlorid		1
Molybdenum (as Sodium Molybdat	le) 50 mcg	t
<sup>†</sup> Daily Value not established.		

HYPROMELLOSE, TITANIUM DIOXIDE, POLY-DEXTROSE, SILICON DIOXIDE, MAGNESIUM STEARATE, TALC, MALTODEXTRIN, MEDIUM CHAIN TRIGLYCERIDES.

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WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

Directions: During pregnancy and lactation, take one tablet and one softgel daily with food. Eating a healthy diet along with your recommended daily prenatal is important for both you and your baby.



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