

CALCIUM

Calcium is an essential mineral in building strong bones and teeth. Calcium is the most abundant mineral in the human body; the average male has 1,200g. and the average female has 1,000g. Calcium makes up one to two percent of the body weight (water makes up to 65 to 75%) and up to 39% of the total mineral reserves of the body (ash); 99% is found in the bones and teeth, the other one percent is found in the blood, extracellular fluids and within cells where it is a co-factor and activator for numerous enzymes.

Mixing Instructions: Mix with 8 to 10 ounces of juice or water.

In processing, FDA & GMP guidelines are observed and strictly followed.

Disclaimer: This product is not intended to diagnose, treat, prevent or cure any disease.

Manufactured by:

Complete H₂O Minerals

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**QUALITY PRODUCTS
FOR A QUALITY LIFE!**

**ULTIMATE
CALCIUM
CONCENTRATE**

Dietary Supplement

NET WT. 2oz. (60 mL)

Complete H₂O Minerals

For best results, store in a cool, dark place and use within six months.

NOTE: Do not use if tamper seal is broken or missing. Complete H₂O Minerals contain no fillers or artificial ingredients.

Recommended Dosage:

Adults: 1 mL 60 mg

Children: 0.5 mL 30 mg

or as recommended by a health care professional.

Supplement Facts

Serving Size 1 mL (25 drops) • Servings Per Container 60

	Amount Per Serving	%DV*
Calcium	60 mg	7%
Chloride	106 mg	5%

INGREDIENTS: PURIFIED WATER, CALCIUM CHLORIDE (10,000 PPM ELEMENTAL CALCIUM).

*Percent Daily Value based on a 2,000 calorie diet.

