

VANILLA FLAVOR

EXTREME
EDGE

POST WORKOUT



MUSCLE REBUILDING
& RECOVERY STACK ♦

28 GRAMS OF WHEY PROTEIN PER SERVING

- Fuels Muscle Mass ♦
- Inhibits Muscle Breakdown ♦
- Reduces Muscle Soreness ♦



NO BANNED
SUBSTANCES
DETECTED

NSF

Certified for Sport™

INDIVIDUAL
SERVING

DIETARY SUPPLEMENT

NET. WT. 1.50 oz (42.5 g)

INSTANTIZED POWDER

DIRECTIONS: As a dietary supplement, add one scoop (42.5 g) to 8 fl oz of water or milk (dairy, almond, oat, rice or soy) and mix or shake until smooth. For best results, liquid should be very cold. Mixes instantly without the use of a blender. For EXTREME results, take approximately 30 minutes after workout.

EXTREME EDGE® POST WORKOUT is designed to provide your body with the nutrients it needs to maximize muscle growth and development, as well as facilitate rapid muscle repair while lessening recovery time after intense workouts. This anti-catabolic formula prepares your muscles for optimal growth while at the same time inhibiting muscle breakdown, reducing the onset of muscle soreness, replenishing lost electrolytes, decreasing recovery time, and boosting the body's immune system to counteract transient immune suppression, which is often a result of strenuous exercise. Use it once, and you will never train without it again! ♦

KEY FEATURES

- ✓ Provides 28 g of microfiltered whey protein for optimal recovery and muscle growth
- ✓ Whey protein derived from free-roaming, grass-fed cows not treated with hormones (rBGH) or antibiotics†
- ✓ No creatine
- ✓ Free of artificially-derived colors, flavors, and sweeteners
- ✓ 99% Lactose-Free

NSF

Certified for Sport™

Tested • Certified • Safer™ with NSF Certified for Sport®
Product tested for 200+ banned substances
Product checked against sports prohibitive lists
(NFL, MLB). More info at www.nsf.org

† The Federal Government has determined there is no significant compositional difference in the milk or milk by products from rBST or rBGH treated and untreated cows.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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NOTICE: USE THIS
PRODUCT AS A FOOD
SUPPLEMENT.
DO NOT USE FOR
WEIGHT REDUCTION.



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Supplement Facts

Serving Size 1 Packet (42.5 g)

Amount Per Serving	%DV*
Calories	160
Calories from Fat	10
Total Fat	1 g 2%
Saturated Fat	<1 g 3%
Cholesterol	40 mg 13%
Total Carbohydrate	9 g 3%
Dietary Fiber	1 g 4%
Sugars	0.5 g
Protein	28 g 56%
Calcium (from whey)	120 mg† 12%
Phosphorus (from whey)	80 mg† 10%
Magnesium (from whey)	15 mg† 6%
Sodium (from whey)	115 mg† 7%
Potassium (from whey)	240 mg† 9%

Muscle Mass Fuel Stack ♦ 37 g **
(As 3:1 Ratio of Undenatured, rBGH-free, Cross-Flow Microfiltered Whey Protein Isolate and Whey Protein Concentrate, and Complex Carbohydrates with Long Chain Glucose Polymers from Waxy Maize and Maltodextrin)

Extreme Muscle Repair & Volumizing Stack ♦ 6.5 g **
(As L-Glutamine [Free-Form Amino Acid], BCAAs [From Whey Protein Isolate/Concentrate, and 4:1:1 ratio, L-Leucine, L-Isoleucine and L-Valine] and Bromelain [Pineapple, 600 GDU/g])

Cellular Hydration Stack ♦ 570 mg **
(Providing Naturally Occurring Electrolytes [Potassium, Sodium, Calcium, Phosphorus and Magnesium] from Undenatured, rBGH-free, Cross-Flow Microfiltered Whey Protein Isolate and Whey Protein Concentrate)

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Percent Daily Values (DV) not established.

Other Ingredients: Natural Vanilla Bean Flavor, Non-GMO Sunflower Lecithin, Cellulose, Stevia Extract (Reb A), MCT Oil. † Mineral content is based on an average; amounts may vary.

Contains: Milk

Free of: Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat and Soybeans.

Bluebonnet's KOF-K Certification #000700

Also Free of: Yeast, Gluten, Barley and Rice.

Allergen Warning: Manufactured in a facility that processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts and peanut flavor.

OTHER PRODUCTS FROM EXTREME EDGE:

1 **PRE WORKOUT**
MUSCLE RECHARGING
STACK ♦

2 **CARBO LOAD**
MUSCLE REPLENISHING
& REFUELING STACK ♦

3 **100% PURE WHEY
PROTEIN ISOLATE**
RAPID MUSCLE REBUILDER &
AMINO ACID REPLENISHER ♦

**PROFESSIONAL STRENGTH
FOR SERIOUS ATHLETES**

Manufactured for:
Bluebonnet Nutrition Corp.
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Sugar Land, Texas 77478 USA

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www.ExtremeEdgeSports.com