

Directions: Take 1 tablespoon two to four times daily or as directed by your healthcare practitioner.

Medium-chain triglycerides (MCTs) are a special type of fatty acids. Normal fats and oils contain long-chain fatty acids (LCTs) which are metabolized more fully for energy in the body. When compared to these fatty acids, MCTs are much shorter in length thus resembling carbohydrates more than fat. As a result, they are more quickly absorbed by the body and metabolized as fuel. Because of this quick metabolism, the calories in MCTs are very efficient converted into fuel for immediate use in the mitochondria, instead of being stored as fat.*

MCTs have been shown to enhance thermogenesis (heat production) in the body, thereby promoting the burning of fat.* MCTs contain fewer calories than LCTs, are metabolized quicker and actually contribute to an enhanced metabolism to burn even more calories!*

MCT Oil USP™ can also be used as a substitute for conventional oils in salad dressings, sauces or cooking as a source of beneficial fatty acids. It is not recommended for use in frying due to its low boiling point.

MCT Oil USP™ may cause a mild laxative effect.

This Formula Meets or Exceeds cGMP Quality Standards.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NuMedica®

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NuMEDICA®

ACHIEVING PHYSIOLOGICAL BALANCE

Absorbable Fuel for Mitochondria*

MCT Oil USP™

Medium Chain Triglycerides
Contains Caprylic and Capric Acids

32 fluid ounces  **gluten free**

DIETARY SUPPLEMENT | PROFESSIONAL USE ONLY

Supplement Facts

Serving Size: 1 Tablespoon

Servings Per Container: 64

	Amount	% Daily Value*
Calories	100	
Calories from Fat	100	
Total Fat	14 g	22 %
Saturated Fat	14 g	70 %
Trans Fat	0 g	**
Polyunsaturated Fat	0 g	**
Monounsaturated Fat	0 g	**
Typically providing:		
Caprylic Acid	8 g	**
Capric Acid	6 g	**

* Percent Daily Value based on a 2,000 calorie diet.

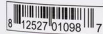
** Daily value not established.

Ingredients: 100% USP (United States Pharmacopeia) Verified MCT Oil (from coconut oil).

Contains No: Milk, egg, fish, shellfish, wheat, tree nuts, peanuts, soy, corn protein, yeast, animal products, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



 suitable for vegetarians