

Directions: Take one capsule one or two times daily or as directed by your healthcare practitioner.

L-Theanine is a naturally occurring, unique amino acid found in green tea leaves. NuMedica's L-Theanine is Suntheanine®, the most respected source and the one which has been used in scientific studies. L-Theanine may promote a sense of relaxation without causing drowsiness.* It has also been found to promote healthy cellular function and reduce feelings of stress and anxiety.* L-Theanine may be useful in reducing the negative side effects of caffeine.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CAUTION: Keep out of reach of children.

STORAGE: Keep tightly closed in a cool, dry place.

CONTAINS NO: Wheat, corn, gluten, yeast, soy, animal or dairy products, artificial colors, sweeteners or preservatives.



NuMEDICA®

ACHIEVING PHYSIOLOGICAL BALANCE

Relaxation and Stress Relief*

L-Theanine

Features Suntheanine®

120 Vegetable Capsules

DIETARY SUPPLEMENT | PROFESSIONAL USE ONLY

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 120

	Amount	%DV
L-Theanine†	200 mg	**

** Daily value not established

Other Ingredients: HPMC (vegetable capsule), MCC (microcrystalline cellulose), rice flour, ascorbyl palmitate, silica.

†Suntheanine® is a registered trade name for pure L-Theanine from Taiyo Kagaku Co. Ltd., Yokkaichi, Japan.

This Formula Meets or Exceeds cGMP Quality Standards.

NuMedica®

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Vegetable Capsules