

Directions: As a dietary supplement, take one vegetarian capsule daily or as directed by a healthcare practitioner.

Bluebonnet's Standardized Valerian Root Extract Capsules

contain a standardized extract of total valerenic acid, the most researched active constituent found in valerian. A clean and gentle water-based extraction method is employed to capture and preserve valerian's most valuable components. Available in easy-to-swallow vegetable derived capsules for maximum assimilation/absorption and for a truly vegetarian/vegan formula.

Bluebonnet's KOF-K Certification #K-0000700

Manufactured by
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Bluebonnet[®]

STANDARDIZED

Valerian Root Extract

0.8% Total Valerenic Acid

HERBAL SUPPLEMENT



60 Vegetable Capsules



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Valerian Root Extract	250 mg	*
<small>(<i>Valeriana officinalis</i> L., standardized to 0.8% [2 mg] total valerenic acid)</small>		

*Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate, silica.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Sustainably Harvested.