Directions: As a dietary supplement, take one capsule daily, or as directed by a healthcare practitioner.

Bluebonnet's Targeled Choice* Pain and Inflammation Support Capsules are specially formulated with a unique blend of sustainably harvested or wildcrafted herbal extracts, such as CurcuWin* (46 x more bioavailable turmeric root extract) and ApresFlex* (52% more bioavailable, patent-pending boswellia gum resin extract). Additional relevant nutrients were also integrated into this formula to help joints recover from the rigors of exercise or other physical stressors that can often lead to temporary pain and inflammation. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.◆

Bluebonnet's KOF-K Certification #K-0000700

Targeted Choice® is a registered trademark of Bluebonnet Nutrition Corp.

ApresFlex[®] is a registered trademark of Laila Nutraceuticals.

CurcuWIN[®] is a registered trademark of OmniActive Health Technologies. Ltd.

Manufactured by Bluebonnet Nutrition Corporation 12915 Dairy Ashford Sugar Land, TX 77478 USA www.hluebonnetnutrition.com

WARNING: Do not use this product if you are pregnant, trying to conceive or breastfeeding. If you have a medical condition or are taking prescription medication such as NSAIDs or pain relievers/ anti-inflammatories, consult your physician before use. Discontinue use two weeks prior and following

> ◆ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Bluebonnet TARGETED CHOICES PAIN& INFLAMMATION support. Whole Food-Based Formula for Physical Overexertion Dietary Supplement
30 Vegetable Capsules

Supplement Facts

Amount Per Serving	% D	aily Valu
Vitamin C (as L-ascorbic acid)	90 mg	100
Manganese (as bisglycinate chelate)	2 mg	87
ApresFlex®Boswellia Gum Resin Extract (<i>Boswellia serrata</i>)	100 mg	*
Bromelain (from pineapple) (2000 GDU/grar	n) 100 mg	*
Ginger Root Extract (Zingiber officinale)	100 mg	*
Tart Cherry Fruit Extract (<i>Prunus cerasus</i> [supplying naturally	75 mg	*
occurring flavonoids including anthocyar CurcuWINe Turmeric Root Extract	1111SJ) 75 ma	

Percent Daily Value is based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, sodium and sugar.