Directions: Take one capsule twice daily or as directed by your healthcare practitioner.

Liver Defend™ contains targeted nutritional support for enhanced liver protection and defense.* It contains four key ingredients to support healthy liver function and protection.* NAC (N-Acetylcysteine) serves as a precursor for the synthesis of glutathione, a detoxifying agent in the body.* Alpha-Lipoic Acid is a powerful antioxidant and free-radical scavenger which plays an important role in preventing cell damage and helps the body rid itself of harmful substances.* Silymarin (standardized extract from milk thistle) is known for its documented hepatoprotective properties and is able to neutralize the hepatotoxicity produced by a number of common toxins.* Selenium is a trace mineral known to support the antioxidant enzyme glutathione peroxidase.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CAUTION: Keep out of reach of children.

STORAGE: Keep tightly closed in a cool, dry place.

CONTAINS NO: Wheat, gluten, corn protein, soy, animal or dairy products, artificial colors, sweeteners or preservatives.

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NuMedica®

ACHIEVING PHYSIOLOGICAL BALANCE

Powerful Liver Protection*

Liver Defend™

Targeted Nutritional Support for Enhanced Liver Function*

60 Vegetable Capsules

DIETARY SUPPLEMENT | PROFESSIONAL USE ONLY

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

	Amount	% DV*
Selenium (as selenium glycinate complex)	200 mcg	286%
NAC (N-Acetylcysteine)	250 mg	**
Silymarin (milk thistle seed extract standardized to 80% silymarin)	210 mg	**
Alpha-Lipoic Acid	200 mg	**

* Percent Daily Value based on a 2,000 calorie diet.
** Daily value not established.

Other Ingredients: HPMC (vegetable capsule), MCC (microcrystalline cellulose), rice flour, ascorbyl palmitate, silica.

This Formula Meets or Exceeds cGMP Quality Standards.

NuMedica®
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Vegetable Capsules