

List No. 2976
L200
Cat. A487
5A005



Super B-Complex



KEY B VITAMINS
+ VITAMIN C

DIETARY SUPPLEMENT
30 TABLETS

Cellular Energy
Production &
Antioxidant
Support^{†‡}

[†]This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

B VITAMINS HELP CONVERT FOOD INTO CELLULAR ENERGY[†] - B vitamins are also necessary for normal functioning of the nervous system.[†] Our Super B-Complex formula also contains vitamin C for antioxidant support and to help support the immune system.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin C (as Ascorbic Acid) 150 mg	250%
Thiamin (as Thiamin Mononitrate) 100 mg	6667%
Riboflavin 20 mg	1176%
Niacin (as Niacinamide) 25 mg	125%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 2 mg	100%
Folic Acid 400 mcg	100%
Vitamin B ₁₂ (as Cyanocobalamin) 15 mcg	250%
Biotin 30 mcg	10%
Pantothenic Acid (as d-Calcium Pantothenate) 5.5 mg	55%
Calcium (as Dibasic Calcium Phosphate) 35 mg	4%

USP has tested and verified ingredients, potency and manufacturing process.
USP sets official standards for dietary supplements. www.uspverified.org
[‡] Contains antioxidant Vitamin C

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No Color Added • No Artificial Flavors

No Preservatives • No Yeast or Starch • Gluten Free

SUGGESTED USE: Take one tablet daily with a meal. For easier swallowing, take with water before and during ingestion. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

CAUTION: Consult a physician before use if you are taking any prescription medications, including anticonvulsants.

OTHER INGREDIENTS: Cellulose Gel, Hypromellose, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide, Polyethylene Glycol.

Distributed by:

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Lot.:
Exp.:

