

MEGA SIZE

#1 PHARMACIST RECOMMENDED*

List No. 2945
PEL200
Cat. A419
5J010

Nature Made Fish Oil supply comes from wild caught ocean fish, not farm raised fish.

*State-of-the-art purification processes are used to remove PCBs, dioxins and furans, and mercury to ensure purity levels below 0.08 ppm, 2 ppt WHO TEQs, and 0.1 ppm respectively.

Nature Made

Fish Oil

1200 mg

360 mg OMEGA-3



PURIFIED TO
REMOVE MERCURY*

Helps Support a
Healthy Heart†

DIETARY SUPPLEMENT
300 SOFTGELS

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat, saturated fat and cholesterol content).

No Color Added • No Artificial Flavors • No Yeast or Starch • Gluten Free

SUGGESTED USE: Take 2 softgels daily with a meal. For easier swallowing, take with water before and during ingestion. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 150

Amount Per Serving	% Daily Value
Calories 35	
Total Fat 3 g	4%**
Saturated Fat 1 g	5%**
Polyunsaturated Fat 1 g	
Monounsaturated Fat 0.5 g	
Cholesterol 25 mg	8%**
Total Carbohydrate 1 g	less than 1%**
Protein Less than 1 g	
Fish Oil 2400 mg	*
Total Omega-3 Fatty Acids 720 mg	*
Omega-3 EPA (Eicosapentaenoic Acid) 360 mg	
Omega-3 DHA (Docosahexaenoic Acid) 240 mg	
Omega-3 Other 120 mg	

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

CAUTION: If you are pregnant or nursing, or taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

OTHER INGREDIENTS: Gelatin, Glycerin, Water, Tocopherols.

CONTAINS: Fish (Anchovy and may contain Sardine and Mackerel).

Distributed by:
Nature Made Nutritional Products,
Mission Hills, CA 91346-9606, U.S.A.
1-800-276-2878

www.NatureMade.com
Fish Oil Country of Origin is Peru.
Encapsulated and quality tested in the U.S.A.

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements.
www.uspverified.org

†Based on Pharmacy Times Survey of pharmacists recommending Omega-3/Fish Oil Supplements

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