Contains 0% juice INTRA-AMINO\*\* is a powerful advanced workout tool that is scientifically engineered to promote increased recovery, muscle growth and overall Supplement Facts INTRA-AMINO™ uses an optimal 2:1:1 blend of pharmaceutical-grade BCAAs INTRA (U-Leucine, L-Isoleucine, L-Valine) that is made using vogetable-based fermentation, Instantized through a proprietary process to dissolve fast for easier use and guicker absorption unlike traditional BCAAs. 5. **7.**75. As a dietary supplement, mix one scoop per 12 oz, of water. Stir and consume INSTANTIZEO 2:1:1 BCAA RATIO FRESH WATERMELON Natural and National Flavored