

The makers of Nature Made® supplements have combined five key nutrients to help support healthy hair, skin, and nails[†] in one small softgel. Each nutrient is backed by scientific evidence demonstrating support of hair, skin, nails or all three.[†] If the ingredient doesn't have scientific support, we didn't include it.

Biotin

May help support healthy hair, skin and nails in individuals lacking sufficient biotin[†]

Vitamin C

Supports collagen synthesis[†]

Zinc

Helps support healthy skin[†]

Copper

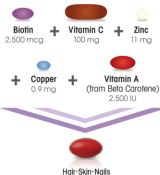
Essential for collagen synthesis and skin support[†]

Beta-Carotene

A precursor to Vitamin A, which is essential for healthy skin[†]

Hair • Skin • Nails Formula

The power of FIVE essential nutrients for hair, skin and nails – in ONE, easy-to-swallow softgel.



Not actual products or sizes; for illustration purposes only.

▲
**ACTUAL
FILL**



HAIR, SKIN, & NAILS[†]

SUPPORTS COLLAGEN SYNTHESIS WITH VITAMIN C[†]

- 2,500 mcg Biotin
- May Help Support Healthy Hair, Skin & Nails^{††}
- Just One Softgel per Day

60
SOFTGELS

DIETARY
SUPPLEMENT

^{††}These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Color Added • No Artificial Flavors
No Preservatives • No Yeast or Starch • Gluten Free
SUGGESTED USE: Take 1 softgel daily with a meal. For easier swallowing, take with water before and during ingestion. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.
Do not use if imprinted seal under cap is broken or missing.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
Vitamin A (as Beta Carotene) 2500 IU	50%
Vitamin C (as Ascorbic Acid) 100 mg	167%
Biotin 2500 mcg	833%
Zinc (as Zinc Oxide) 11 mg	73%
Copper (as Copper Oxide) 0.9 mg	45%

OTHER INGREDIENTS: Medium Chain Triglycerides, Gelatin, Glycerin, Dibasic Calcium Phosphate, Yellow Beeswax, Water, Soy Lecithin, Soybean Oil, Polysorbate 80.

Contains: Soy.

Distributed by:

Nature Made Nutritional Products

Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • www.NatureMade.com

Encapsulated and quality tested in the U.S.A.

[†]May help support hair, skin and nails in those that are biotin deficient[†]
Hair, Skin and Nails softgels are made to Nature Made's guaranteed purity and potency standards.

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List No. 2927 P201 Cat. A706 1A072



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