

**VALUE SIZE**

**#1 PHARMACIST  
RECOMMENDED†**

List No. 2916  
L202  
Cat. A520  
5A044

**Nature Made**

**B<sub>12</sub>**

**VITAMIN 1000 mcg**



**Supports Cellular  
Energy Production  
in the Body†**

DIETARY SUPPLEMENT  
**150 SOFTGELS**

**SUPPORTS CELLULAR ENERGY PRODUCTION IN THE BODY†** - Vitamin B<sub>12</sub> is important for the metabolic pathways that release cellular energy from fat and protein.†

**Colors Derived From Natural Sources - No Synthetic Dyes  
No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free**

**SUGGESTED USE:** Take one softgel daily with a meal. For easier swallowing, take with water before and during ingestion.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

**Do not use if imprinted seal under cap is broken or missing.**

## Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
Vitamin B <sub>12</sub> (as Cyanocobalamin) 1000 mcg	16,667%

**OTHER INGREDIENTS:** Soybean Oil, Gelatin, Glycerin, Yellow Beeswax, Water, Soy Lecithin, Colors Added (Including Carmine).

Contains: Soy.

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A.

**1-800-276-2878 • www.NatureMade.com**

USP has tested and verified ingredients, potency, and manufacturing process.

USP sets official standards for dietary supplements. [www.uspverified.org](http://www.uspverified.org).

†Based on Pharmacy Times Survey of pharmacists recommending Letter Vitamin Supplements.

**† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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Lot.:  
Exp.:

