

Bluebonnet

NATURAL CHOCOLATE

100% NATURAL DUAL-ACTION PROTEIN

WHEY+CASEIN

from free-roaming grass-fed cows

26g
MICROFILTERED
PROTEIN
PER SERVING

- No antibiotics/hormones (rBGH)[†]
- Fast-action whey protein isolate
- Extended-action micellar casein
- No artificial sweeteners/flavors
- Low sodium/cholesterol



DIETARY SUPPLEMENT • INSTANTIZED POWDER

NET WT. 1.1 oz (34 g)

DIRECTIONS: As a dietary supplement, add one packet (34 g) of 100% NATURAL DUAL-ACTION PROTEIN DIETARY SUPPLEMENT POWDER to 8 fl oz of water, juice or milk (dairy, almond, oat, rice or soy) and mix or shake until smooth. For best results, liquid should be very cold. Mixes instantly without the use of a blender.

Bluebonnet's 100% Natural Dual-Action Protein is sourced from grass-fed cows that are not treated with antibiotics or recombinant bovine growth hormone (rBGH), also known as bovine somatotrophin (BST).[†] Additionally, this product provides a dynamic blend of whey protein isolate and micellar casein that works throughout your workout and during the recovery phase. Whey protein isolate has the highest biological value (BV) of any protein on the market, which refers to a protein that has all the necessary essential amino acids for protein biosynthesis and is fast-acting to support amino acid replenishment required during and after strenuous activities. Plus, this revolutionary protein formula includes extended-action micellar casein that works well beyond strenuous activities to continually rebuild broken down muscle. While both whey protein isolate and micellar casein are rich sources of branched chain amino acids (BCAAs) and glutamic acid, whey protein isolate alone provides the naturally occurring immunoglobulins that help support the immune system, which is transiently depressed during strenuous activity.[♦]

Unlike the common practice of using heat-processed whey protein isolate and micellar casein that can denature (render useless) the protein and immunoglobulins, Bluebonnet employs a special low-temperature, microfiltration process that removes excess fat while leaving the protein undenatured and immunoglobulins intact.[♦]

For athletes, sports enthusiasts, weekend warriors and active individuals, take **Bluebonnet's 100% Natural Dual-Action Protein** with:

- ✓ **Bluebonnet's BCAAs Vegetable Capsules** for building and repairing muscle.[♦]
- ✓ **Bluebonnet's Super Fruit Vegetarian SOD Cantaloupe Fruit Extract Vegetable Capsules** for reducing oxidative stress.[♦]
- ✓ **Bluebonnet's L-Glutamine Powder** for building lean muscle.[♦]
- ✓ **Bluebonnet's Nucleotide Complex Vegetable Capsules** for producing energy and repairing muscle.[♦]

KEEP TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE. KEEP OUT OF THE REACH OF CHILDREN.

NOTE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. THEREFORE, SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING.

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT. DO NOT USE FOR WEIGHT REDUCTION.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for
Bluebonnet Nutrition Corporation
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www.bluebonnetnutrition.com

Supplement Facts

Serving Size 1 Packet (34 g)

Amount Per Serving		% Daily Value**
Calories	130	
Total Fat	1 g	1**
Saturated Fat	0.5 g	3**
Cholesterol	10 mg	3
Total Carbohydrate	3.5 g	1**
Dietary Fiber	1.5 g	5**
Sugars	1 g	
Includes 0 g added sugars		
Protein	26 g	52**
Niacin (from cocoa)	500 mcg†	3
Calcium (from whey and casein)	230 mg†	18
Iron (from cocoa)	1 mg†	6
Phosphorus (from whey and casein)	125 mg†	10
Magnesium (from whey and casein)	25 mg†	6
Zinc (from whey and casein)	600 mcg†	5
Copper (from cocoa)	100 mcg†	11
Chloride (from whey and casein, sodium chloride)	90 mg†	4
Sodium (from whey and casein, sodium chloride)	80 mg†	3
Potassium (from whey and casein)	160 mg†	3
L-Glutamine	500 mg	*

** Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Ingredients: Protein blend (whey protein isolate, calcium caseinate, micellar casein), Dutch cocoa, natural chocolate flavor, gum acacia, MCT oil, sunflower lecithin, soy lecithin, stevia extract (Reb A).[†] Vitamin and mineral content is based on an average; amounts may vary.

Contains: Milk and soybeans

Free of egg, fish, crustacean shellfish, tree nuts, peanuts and wheat. Also free of yeast, gluten, barley and rice.

Allergen Warning: Manufactured in a facility that processes products containing milk, egg, soybeans, wheat, shellfish, fish oil, tree nuts and peanut flavor.

Bluebonnet's KOF-K Certification #K-0000700

[†]THE FEDERAL GOVERNMENT HAS DETERMINED THERE IS NO SIGNIFICANT COMPOSITIONAL DIFFERENCE IN THE MILK OR MILK BY-PRODUCTS FROM rBST OR rBGH TREATED OR UNTREATED COWS.



WARNING Consuming this product can expose you to chemicals including lead and cadmium that are known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food



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