

List No. 2867  
CAL204  
Cat. A667  
5A007

Nature Made  
Fish Oil supply  
comes from deep  
ocean waters.  
Our fish oil is not  
supplied from farm  
raised fish.  
State-of-the-art  
purification  
processes are used  
to remove PCBs,  
dioxins and furans,  
and mercury to  
ensure purity levels  
below 0.09 ppm,  
2 ppt WHO TEQs,  
and 0.1 ppm,  
respectively.



FULL STRENGTH MINI

**OMEGA-3**

**JUST ONE SMALL  
SOFTGEL PER DAY**

- Recommended Amount<sup>†</sup>  
of Key Omega-3s
- No Fishy Odor  
or Aftertaste\*

**60  
SOFTGELS**

DIETARY  
SUPPLEMENT

ACTUAL SIZE



No Color Added • No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free

**SUGGESTED USE:** Take 1 softgel daily, with a meal for optimal absorption. For easier swallowing, take with water before and during ingestion. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children. **Do not use if imprinted seal under cap is broken or missing.**

**CAUTION:** If you are pregnant or nursing, taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

## Supplement Facts

Serving Size 1 Softgel

| Amount Per Softgel                           | % Daily Value |
|----------------------------------------------|---------------|
| Calories 10                                  |               |
| Calories from Fat 10                         |               |
| Total Fat 0.5 g                              | 1%**          |
| Polyunsaturated Fat 0.5 g                    |               |
| Cholesterol 10 mg                            | 3%**          |
| Fish Oil Concentrate 788 mg                  | *             |
| Total Omega-3 Fatty Acids** 540 mg           | *             |
| Omega-3 EPA (Eicosapentaenoic Acid)** 365 mg |               |
| Omega-3 DHA (Docosahexaenoic Acid)** 135 mg  |               |
| Omega-3 Other** 40 mg                        |               |

\*Daily Value not established.

\*\*Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Gelatin, Glycerin, Methacrylic Acid Copolymer, Water, Triethyl Citrate, Polysorbate 80, Glyceryl Monostearate, Propylene Glycol, Tocopherols.

Contains: Fish (Anchovy, Sardine, Mackerel).

Distributed by:

**Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)

Fish Oil Country of Origin is Canada.

Encapsulated and Quality Tested in the U.S.A.

Fish Oil softgels are made to Nature Made's guaranteed purity and potency standards.

\*As ethyl esters.

† "Equal Strength" of total key omega-3s EPA/DHA as two standard Nature Made 1000 mg fish oil softgels.

‡ "Recommended amount" equates to a calculation based on approximately 3,500 mg of omega-3 fatty acids EPA & DHA found in two servings of fatty fish per week.

◆ Enteric coated to reduce fish burps.

Lot:  
Exp: