

List No. 2865  
L202  
Cat. A673  
5A.007



# Super B Energy Complex



ACTUAL SIZE

DIETARY SUPPLEMENT  
**60 SOFTGELS**

Helps Support Cellular  
Energy Production†

†This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

Colors Derived from Natural Sources – No Synthetic Dyes

No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free

## Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
Thiamin (as Thiamin Mononitrate) 1.5 mg	125%
Riboflavin 1.7 mg	131%
Niacin (as Niacinamide) 20 mg	125%
Vitamin B <sub>6</sub> (as Pyridoxine Hydrochloride) 2 mg	118%
Folate 667 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B <sub>12</sub> (as Cyanocobalamin) 6 mcg	250%
Biotin 300 mcg	1000%
Pantothenic Acid (as d-Calcium Pantothenate) 10 mg	200%

OTHER INGREDIENTS: Soybean Oil, Gelatin, Dibasic Calcium Phosphate, Glycerin, Yellow Beeswax, Water, Colors Added, Soy Lecithin, Resin.  
Contains: Soy

Distributed by: **Nature Made Nutritional Products**  
Mission Hills, CA 91346-9606, U.S.A.  
1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)

**SUGGESTED USE:** Take one softgel daily, with a meal. For easier swallowing, take with water before and during ingestion.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

**Do not use if imprinted seal under cap is broken or missing.**

**CAUTION:** Some supplements may interact with certain medications. If you are taking any medications, please consult with your physician before using this product.

Encapsulated and Quality Tested in the U.S.A.  
Super B Energy Complex softgels are made to Nature Made's guaranteed purity and potency standards.

Lot:  
Exp:

