

NOTICE: A temporary feeling of fullness is normal after taking ABC Max. You may also notice more frequent bowel movements. Mucus and dark layered fecal matter are not uncommon and no cause for alarm.

ABC Max is also used in the Aerobic 45-Day Colon Cleanse Program. It is recommended to continue the use of ABC Max on a periodic basis.

Does not contain any dairy, egg, sugar, corn, yeast, wheat, soy, gluten, artificial colors, flavors or preservatives.

Exclusively Manufactured For: Nutritional Brands
1610 W. Whispering Wind Dr. • Phoenix, AZ 85085
1-800-798-0707 • nbpure.com

Keep out of Reach of Children.

Tamper proof inner seal, if broken do not use.



Trusted Since 1971

AEROBIC LIFE



ABC MAX

A Premium Blend of Psyllium & Herbs



**DIETARY FIBER SUPPLEMENT
COLON CLEANSE**

352 GRAMS

SUGGESTED USE:

As a dietary supplement, mix (1) heaping teaspoon in 8 oz. of Aerobic Life aloe vera juice or fruit juice one to three times daily. In the morning, 30 minutes before or after a meal and/or at bedtime. Drink immediately and follow with a large glass of water.

NOTICE: Consuming this product without enough liquid may cause choking. Do not use ABC Max if you have difficulty swallowing.

Nutrition Facts

Serving Size: 1 Heaping Teaspoon (5.5 g)

Servings Per Container: 64

Amount Per Serving	%Daily Value*	
Calories	20	1%
Total Carbohydrate	4.5 g	2%
Dietary Fiber	4.5 g	18%
Sugars	0 g	
Protein	1 g	2%
Proprietary Blend:	5.5 g	†

Premium Psyllium Husk Powder, Onion Powder, Dandelion Root Powder, Licorice Root Powder, Spirulina Powder, Clove Powder, Yellow Dock Root Powder, Black Walnut Hulls and Garlic Powder.

Not a significant source of Vitamin A, Vitamin C, Calcium, or Iron
*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established