

Directions: As a dietary supplement, take 1 or more tablets daily.

Calcium and Magnesium are essential minerals that work synergistically with one another to promote enhanced absorption. Calcium is necessary for strong bones and teeth, and Magnesium is important for healthy enzymatic activity.†

No sugar, salt, starch, yeast, corn, soy, wheat, lactose, citrus, milk, egg, fish products, artificial coloring, flavoring, or preservatives added.

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

†These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Viva Vitamins™ fully guarantees the potency of this product through:

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MADE IN THE USA
231514-48100



CAL • MAG • D

600 300

*chelated calcium
& magnesium
with vitamin d*

Supports bone health†

Synergistic formula
with mineral transporters†

100 tablets
dietary supplement

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 100

	Amount Per Serving	%DV
Vitamin D3 (Cholecalciferol)	125 IU	31%
Calcium (as Carbonate, Amino Acid Chelate, Citrate, Aspartate, Ascorbate, Fumarate, Glucuronate, Ketoglutarate, Malate, Succinate, Hydroxide)	600 mg	60%
Magnesium (as Oxide, Amino Acid Chelate, Aspartate, Ascorbate, Citrate, Fumarate, Glucuronate, Ketoglutarate, Malate, Succinate, Hydroxide)	300 mg	75%

* %Daily Value (DV) not established.

Other Ingredients: Sorbitol, stearic acid (vegetable source), croscarmellose, hydroxypropylmethylcellulose, magnesium (vegetable source), titanium dioxide.