DIRECTIONS: Take 2 capsules, once daily, with or without food. For optimum results, take with your daily calcium supplement or a calcium rich food source.

Consult your health professional before use if you are pregnant, breastfeeding or trying to conceive, or if you are taking medication. have a medical condition or anticipate a surgery.

DOES NOT CONTAIN: gluten, wheat, soy, yeast, dairy, sugar, starch, egg, fish, shellfish, peanuts or tree nuts, animal products, GMOs or artificial colors, preservatives or sweeteners.



ch-OSA, the ch-OSA logo, the Vegetarian logo, Collagenizer and BioSil are all Registered Trademarks of Bio Minerals NV. The CLINICAL FACTS box is a trademark of Bio Minerals NV.

ch-OSA® is protected by US patents 5,922,360, 7,968,528 and 8,771,757



LOT:

EXP:

¥ Measured at the hip

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bone

Clinically Proven

Specially Formulated for Women 50 Plus

- · Increases Bone Collagen Formation†
- Increases Calcium Binding Sites[†]
- Promotes Bone Pliability[†]
- Increases Bone Mineral Density (BMD)^{†¥}
- Boosts the Effectiveness of Dietary and Supplemental Calcium[†]
- Helps Maintain Positive Osteoblast Balance[†]

Dietary Supplement 60 Vegetarian Capsules

U.S. Patents #5922360, #7968528 and #8771757

Supplement Facts Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving %DV Choline (as ch-OSA®) 120 mg 22% Silicon (as Choline-Stabilized Orthosilicic Acid) (ch-OSA®) Inositol 50 mg

Other Ingredients: Microcrystalline Cellulose, Purified Water. Capsule Shell consists of Hydroxypropyl Methylcellulose.

> KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL DRY PLACE.

MADE IN BELGIUM

Manufactured by: Bio Minerals NV . Destelbergen . Belgium Packaged and distributed by: Natural Factors 14224 167th Avenue SE Monroe, WA 98272 @ 2016 Bio Minerals NV

*Daily Value (DV) not established



