

Directions: As a dietary supplement, take one caplet daily, or as directed by a healthcare practitioner.

Bluebonnet's Beautiful Ally™ Collagen 1000 mg Caplets are specially formulated with collagen peptides types I + III and identity-preserved (IP) vitamin C, key structural components for firm skin, lustrous hair and durable nails. During the aging process, collagen levels deplete in the body, resulting in connective tissue degradation, which manifests as wrinkles, thinning cartilage, and brittle hair. Collagen peptides help to replenish the nutrients lost over time, boosting collagen production while reducing its breakdown thereby enhancing the skin's hydration and natural elasticity while counteracting visible signs of aging. Available in easy-to-swallow caplets for maximum assimilation and absorption. ♦

Beautiful Ally™ is a trademark of Bluebonnet Nutrition Corporation.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet

BEAUTIFUL^{Ally}
BY BLUEBONNET

collagen

1000 mg type I+III

revive skin, hair & nails•

Dietary Supplement
90 Caplets



Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	% Daily Value
Protein	1 g 2**
Vitamin C (as L-ascorbic acid)	90 mg 100
Collagen Peptides Types I+III	1000 mg *

**Percent Daily Value based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, silica, vegetable glaze.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice and sugar.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
www.bluebonnetnutrition.com

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