

**NATURE MADE® OMEGA-3  
with Xtra Absorb™ technology**

is a concentrated omega-3 from fish oil  
designed with a built-in, patent  
pending technology.



Xtra Absorb™ technology  
works by **creating  
micro-droplets** that  
**enhance the absorption**  
of EPA & DHA omega-3s.

The omega-3s are delivered in a **specially-designed  
emulsion that enables superior absorption**  
compared to standard fish oil concentrate.\*

Nature Made® Omega-3 with  
Xtra Absorb™ technology is  
different because it enables  
nearly **4x better absorption**  
than standard fish oil  
concentrate.\*

This technology enhances  
the bioavailability of EPA  
& DHA omega-3s, which  
**help support a healthy heart.†**



\*standard ethyl ester concentrate  
when taken on an empty stomach

†This statement has not been evaluated by the Food  
and Drug Administration. This product is not intended  
to diagnose, treat, cure or prevent any disease.

Xtra-Absorb™ is an absorption technology and trademark of BASF

List No. 2808 P201 Cat. A857 1A258



Lot.:  
Exp.:



**OMEGA-3**



Made with a specially-designed  
emulsion system that enables  
superior absorption,  
Nature Made® Omega-3  
with Xtra Absorb™ technology  
(patent pending) is  
**clinically studied**  
to enable nearly  
**4x better absorption** than  
standard fish oil concentrate.\*

ACTUAL BOTTLE SIZE

NO YEAST OR STARCH • GLUTEN FREE

**NEW**

**Nature Made.**

**OMEGA-3**



**NEARLY  
4x BETTER ABSORPTION**  
THAN STANDARD FISH OIL CONCENTRATE\*

**1200 mg Omega-3 Xtra Absorb Blend†**

Provides 500 mg EPA and DHA\*\* per softgel

**HELPS SUPPORT A HEALTHY HEART**

**30 ONE PER DAY  
SOFTGELS**

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**DIETARY SUPPLEMENT**

**No Yeast or Starch • No Yeast or Starch • Gluten Free**  
Supportive but not conclusive research shows that consumption  
of EPA and DHA omega-3 fatty acids may reduce the risk of coronary  
heart disease. (See nutrition information for total fat, saturated fat and  
cholesterol content).

**SUGGESTED USE:** Take one softgel daily. For easier swallowing, take  
with water before and during ingestion. Keep bottle tightly closed.  
Store in a cool, dry place out of reach of children.

**Do not use if imprinted seal under cap is broken or missing.**

**CAUTION:** If you are pregnant or nursing, or taking medication, facing  
surgery, having bleeding problems, or undergoing any other treatment  
which may affect the ability of blood to clot, consult your physician  
before taking this product.

**Supplement Facts**

Serving Size 1 Softgel

| Amount Per Serving                         | % Daily Value |
|--------------------------------------------|---------------|
| Calories 10                                |               |
| Total Fat 1 g                              | 1%**          |
| Polysaturated Fat 1 g                      |               |
| Cholesterol 10 mg                          | 3%**          |
| Omega-3 Concentrate from Fish Oil†† 576 mg | *             |
| EPA and DHA Omega-3 Fatty Acids†† 500 mg   | *             |

\*Daily Value not established.

\*\*Percent Daily Values are based on a 2,000 calorie diet.

**OTHER INGREDIENTS:** Polysorbate 20, Gelatin, Oleic Acid,  
Glycerin, Water, Tocopherols, Soy Lecithin, Medium Chain  
Triglycerides, Ascorbyl Palmitate.

Contains: Fish (Anchovy and Sardines) and Soy.

Distributed by: **Nature Made Nutritional Products,**  
Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)

Fish Oil Country of Origin is Norway. Encapsulated and quality tested in the U.S.A.  
Omega-3 with Xtra Absorb softgels are made to Nature Made's guaranteed  
purity and potency standards.

†As ethyl ester.

††1200 mg Xtra Absorb Blend contains 576 mg of omega-3 ethyl ester  
concentrate from fish oil along with polysorbate 20, oleic acid, tocopherols,  
and ascorbyl palmitate.