



CRITICAL AMINOS XT[®]

INTRA/POST WORKOUT

BLUE ICE POP

NATURALLY & ARTIFICIALLY FLAVORED
DIETARY SUPPLEMENT

NET WT. 12.4 OZ. (351 g)

Supplement Facts

Serving Size 1 Scoop (7.8 g)
Servings Per Container About 45

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	15 mg	15%
L-Glutamine	2500 mg	*
L-Leucine	1250 mg	*
L-Isoleucine	625 mg	*
L-Valine	625 mg	*
L-Citrulline	100 mg	*
L-Carnitine (as L-carnitine fumarate)	50 mg	*
Bromelain 2400 GDU/g	25 mg	*
Grape Seed Extract (<i>Vitis vinifera</i>)(seed) std. to 95% Proanthocyanidins	25 mg	*

* Daily Value not established.

Other Ingredients: Citric acid, malic acid, natural & artificial flavor, silicon dioxide, sucralose, acesulfame potassium, FD&C Blue 1.

Does not contain: Gluten, Sugar or Salt.

▲ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Mix one (1) scoop (7.8 g) with 6 - 10 oz. of water. Consume during or after a workout. Add an additional scoop for a more intense workout. Can also be consumed on non-training days.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

Critical Aminos XT[®] is an advanced performance supplement specifically designed to help your body recover from the physical demands of athletic training and exercise. Ideal for all levels of athletes and training enthusiasts.▲

Contains:

- Glutamine and BCAAs for muscle growth▲
- Citrulline to support nitric oxide synthesis▲
- Carnitine for energy production and recovery▲
- Vitamin C and Grape Seed Extract for antioxidant protection▲

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc. Secaucus, NJ 07094
Visit www.bodytech.com or call 1-800-223-1216
for more information and to reorder.

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