

Daily Sterol & Stanol Amounts



Amount of
Phytosterols

The National Institutes of Health
(NIH) Therapeutic Lifestyle
Change Guidelines Recommends:
Many Americans Consume
As Little As:

2000 mg

- 200 mg

CholestOff Plus
Provides Additional:

1800 mg

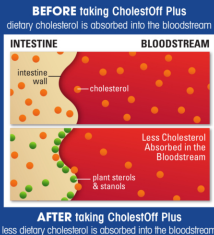
[†]Products containing at least 400 mg per serving
of plant sterols and stanols, eaten twice a day
with meals for a daily intake of at least 800 mg as
part of a diet low in saturated fat and cholesterol,
may reduce the risk of heart disease. One serving
of Nature Made CholestOff Plus supplies 900 mg
of plant sterols and stanols for a daily intake of
1800 mg.

List No. 2788 P200 Cat. A632 1A160



Nature Made CholestOff® Plus is made with esterified Reducol™, a proprietary blend of plant-based sterols and stanols (also called phytosterols) which help lower LDL ("bad") cholesterol.[†]

- ✓ **Reducol** lowers cholesterol by reducing the absorption of dietary cholesterol into the bloodstream.
- ✓ **CholestOff® Plus** is an easy-to-swallow softgel.



For more product information,
please visit www.NatureMade.com



CHOLESTOFF® PLUS

**CLINICALLY PROVEN
TO LOWER CHOLESTEROL***

- With Plant Sterols
and Stanols

**100
SOFTGELS**
DIETARY
SUPPLEMENT



CHOLESTOFF® PLUS

**100%
money
back**

Results guaranteed
or **your money back.**

Visit NatureMade.com/guarantee
for details.

Colors Derived from Natural Sources • No Synthetic Dyes
No Artificial Flavors • No Preservatives
No Yeast or Starch • Gluten Free

SUGGESTED USE: Take two softgels two times daily
with meals. For easier swallowing, take with water
before and during ingestion.

CAUTION: Not for use by children or pregnant or
lactating women. Check with your physician before
using CholestOff Plus if you are currently using
medications to lower your cholesterol.

Keep bottle tightly closed. Store in a cool, dry place
out of reach of children.

**Do not use if imprinted seal under cap is broken
or missing.**

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 50

Amount Per Serving	% Daily Value
Calories 10	
Calories from Fat 10	
Total Fat 1 g	2%**
Plant sterols/stanols (from esters)* 900 mg	*

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Plant Sterols/Stanoles (Pine Tree),
Sunflower Oil Esters, Gelatin, Glycerin, Medium Chain
Triglycerides, Soy Lecithin, Water, Colors Added.
Contains: Soy.

Distributed by: **Nature Made Nutritional Products**
Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • www.NatureMade.com

*Sterols/Stanoles are esterified with sunflower oil fatty acids.

CHOLESTOFF® Plus Softgels are made to Nature Made's guaranteed purity
and potency standards.



Reducol™ is a trademark of
Pharmacum Laboratories Inc.

NC

Lot:
Exp: