



CAL • MAG • ZINC

500 250 25

*chelated calcium
& magnesium
with zinc*

Supports healthy bones
with mineral transporters†

Ideal ratio of Calcium
to Magnesium to Zinc†

250 tablets
dietary supplement

Directions: As a dietary supplement, take 1 or more tablets daily.

Calcium and Magnesium are essential minerals that work synergistically with one another to promote enhanced absorption. Calcium is necessary for strong bones and teeth, and Magnesium is important for healthy enzymatic activity. The Zinc to Calcium to Magnesium ratio is essential for maximum synergistic utilization.†

No sugar, salt, starch, yeast, corn, soy, wheat, lactose, citrus, milk, egg, fish products, artificial coloring, flavoring, or preservatives added.

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

†These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Viva Vitamins™ fully guarantees the potency of this product through:

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MADE IN THE USA
237-09-0229



Supplement Facts

Serving Size: 1 Tablet Servings Per Container: 250

	Amount Per Serving	%DV
Vitamin D3 (Cholecalciferol)	200 IU	50%
Calcium (as Carbonate, Amino Acid Chelate, Aspartate, Ascorbate, Citrate, Fumarate, Gluconate, Ketoglutarate, Malate, Succinate, Histidinate)	500 mg	50%
Magnesium (as Oxide, Amino Acid Chelate, Aspartate, Ascorbate, Citrate, Fumarate, Gluconate, Ketoglutarate, Malate, Succinate, Histidinate)	250 mg	63%
Zinc (as Citrate)	25 mg	167%

* %Daily Values (DV) not established.

Other Ingredients: Sorbitol, stearic acid (vegetable source), croscarmellose, titanium dioxide, hydroxypropylmethylcellulose, magnesium (vegetable source), titanium dioxide.