

Fast
Dissolve

Nature Made

VitaMelts[®] Sleep[†] Melatonin 3 mg



†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CHOCOLATE MINT
with other natural flavors



actual
size

30 Tablets
DIETARY SUPPLEMENT

Helps Support Sleep[†]

No Color Added · No Artificial Flavors · No Preservatives · No Yeast

SUGGESTED USE: Dissolve one tablet in mouth before swallowing, one hour before bedtime. Do not exceed one tablet daily unless recommended by a health care professional.

Keep container tightly closed. Store in a cool, dry place, and away from direct sunlight. Keep out of the reach of children. **Do not use if tear ring is broken or missing.**

WARNING: This product contains melatonin. Do not use this product unless advised by a physician if you are pregnant, attempting to become pregnant, or nursing; or if you are taking any medications or have any chronic disease, including hypertension (high blood pressure), diabetes, or

an endocrine, auto-immune, depressive, bleeding or seizure disorder. Do not drive a motor vehicle or operate machinery when taking melatonin. Not intended for individuals under the age of 18 years.

Consult a health care professional if you are experiencing persistent sleep difficulties.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet

Melatonin 3 mg *

*Daily Value not established.

OTHER INGREDIENTS: Mannitol, Corn Starch, Stearic Acid, Croscavidone, Natural Flavors, Magnesium Stearate, Silicon Dioxide, Sucralose, Modified Food Starch.

CONTAINS: Wheat

Distributed by: **Nature Made Nutritional Products**
Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency, and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

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Lot:
Exp:

