

SUGGESTED USE: Take 1 capsule daily with a meal, or as directed by a health care professional.

Vitamin D helps protect a number of important systems in the body, including healthy bones, immunity, and cardiovascular function.[†] It is particularly well known for assisting in calcium absorption.[†] Vitamin D enables the formation of calcitriol, a hormone that regulates levels of calcium in the body and bone growth.[†] Calcitriol facilitates the absorption of calcium from the intestine.

Vitamin K2 is a series of molecules known as menaquinones. One of the most common and well studied of the menaquinones is MK-7. Vitamin K2 is a critical component of bone health by helping to store calcium in bones.[†] Vitamin K is also essential for normal cell formation, and the maintenance of a healthy cardiovascular system by removing calcium from the blood.[†]

Combining vitamins D and K may provide even better protection of the bones and heart.[†]

We Guarantee Our Supplements for Potency and Purity
To report a serious adverse event, call 1-888-710-0006

[†] THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



WHOLE FOOD BASED

Vegan D & K

Vitamin D2 1,000 IU

Vitamin K2 45 mcg

DIETARY SUPPLEMENT

*Supports Healthy Bones and Heart**

60

Vegetarian Capsules

gluten
free

dairy
free

soy
free

nut
free

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Serving	% Daily Value
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Vitamin D (from <i>Saccharomyces cerevisiae</i>)	25 mcg (1,000 IU) 125%
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Vitamin K (as mixed menaquinones including MK-7)	45 mcg 38%
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OTHER INGREDIENTS: CAPSULE (CELLULOSE), CELLULOSE, CALCIUM STEARATE (VEGETABLE SOURCE), SILICA, ORGANIC CARROT POWDER (ROOT), ORGANIC SPINACH POWDER (LEAF).

Manufactured for: Natural Healthy Concepts

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Phone: (920) 968-2360

CONTAINS NO Artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

KEEP OUT OF REACH OF CHILDREN. VVL 111-6081