



WATERMELON
NATURAL & ARTIFICIAL FLAVORS

HYBRID SERIES
DIETARY SUPPLEMENT
NET WEIGHT 1.62 LBS (736 GRAMS)

ASSAULT™

TRAIN LIKE AN UNCHAINED BEAST™



PRE-PERFORMANCE AMPLIFIER CLINICALLY PROVEN TO ENHANCE:

- **PERFORMANCE:** STRENGTH / POWER / ENDURANCE *
- **FOCUS:** ENERGY / INTENSITY WITHOUT THE CRASH *
- **MUSCLE BUILDING:** LEAN MUSCLE MASS / DECREASE BODY FAT *
- **SAFETY:** PROVEN SAFE ON KIDNEY & LIVER FUNCTION / NSF® CERTIFIED *

Supplement Facts

Serving Size 23 g (1/2 scoop)
Servings Per Container: 32

	Amount Per Serving	% Daily Value†
Calories	40	
Total Carbohydrates	9 g	3%
Sugars	0 g	*
Vitamin B-6 (Pyridoxine HCL)	14 mg	700%
Vitamin B-12 (Methylcobalamin)	85 mcg	1417%
Calcium (from Phosphate and Silicate)	247 mg	25%
Sodium	45 mg	2%
Potassium	40 mg	1%
Assault Proprietary Blend	23000 mg	*
Anti-Fatigue Adaption Matrix		*
CarnoSyn® Beta-Alanine, Citrulline Malate, (DMG) Dimethylglycine, Rhodiola Rosea (Root) Extract 3% Rosavins		
Strength Domination & Recovery Matrix		*
Creatine Monohydrate, Con-Cret®, Creatine HCl (100% Concentrated Creatine)		
High Performance Energy & Intensity Amplifier		*
Choline Bitartrate, Taurine, L-Tyrosine, Medium Chain Triglycerides (MCT), Caffeine Anhydrous, Papain 1000, Pyroglutamic Acid, L-Aspartic Acid, Camellia sinensis (White Tea Leaf Powder), Pyridoxine HCl, Methylcobalamin		
3:1:2 BCAA Ratio (Patent Pending)		*
BCAAs (L-Leucine, L-Valine, L-Isoleucine)		
Cell Volumizer		*
L-Glycine, L-Arginine Blend (L-Arginine AKG 2:1, Di Arginine Malate, L-Arginine HCL)		
Cellular Transport Amplifier		*
Astragin® (Notoginseng Root Ext, Astragalus Root Ext.), Cinnulin PF® (Cinnamomum burmanii extract standardized to Type-A polymers)		
Muscle Hydration & Electrolyte Blend		*
L-Glutamine, Phosphorus, Sodium, Potassium		
Other Ingredients		*
Glucose Polymers, Red Beet Juice, Malic Acid, Natural and Artificial Flavors, Calcium Silicate, Sucralose, Acesulfame Potassium, Magnesium Oxide, Calcium Phosphate, Potassium Chloride.		

† Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

* **NOTES:** Powder density may be affected by settling which may cause variations in the scoop serving size and fill levels from bottle to bottle.
ALLERGEN WARNING: This product was produced in a facility that may also process ingredients containing milk, egg, soybeans, shellfish, fish, tree nuts, and peanuts.

CON-CRET® is a registered trademark of ProMera Health, LLC and Creatine HCl is patent pending and licensed for use. Cinnulin PF® is a registered trademark of Integrity Nutraceutical, Inc. Astragin® is a registered trademark of Nuliv Science USA, Inc. CarnoSyn® is a registered trademark of NAI, Inc., and is licensed under U.S. patents.



DEMAND A CLINICALLY PROVEN PRE-WORKOUT FORMULA.

MusclePharm® Assault is the most researched pre-workout out there because we are a company of athletes. We want to feed our bodies the best and pass our expertise on to other athletes. Multiple studies prove that 1 serving helps increase strength, aerobic and anaerobic performance. Assault meets NSF® and Informed Choice® product standards and is safe for kidney and liver function, even in chronic use cases.▼

SUPERIOR INGREDIENTS, SUPER RESULTS.

- **CON-CRET®:** Assault is the only pre-workout formula to use this clinically-proven and patented version of creatine.▼
- **ASTRAGIN®:** Patented ginseng extract, lowers blood glucose levels, increases creatine/arginine absorption and ATP production.▼
- **CINNULIN®:** Heightens absorption of creatine*, arginine*, vitamins and other ingredients launch directly into muscles.
(*Both workhorse substances also burn body fat while adding muscle, for a leaner, fuller physique.)
- **BCAAs:** "Concentrated" formulas hit hard, then leave you hanging. Our patent-pending ratio promotes stronger recovery and lean muscle mass.▼
- **NO 1,3-DIMETHYLAMINE:** Forget that quick high, crashes always follow. You need nutrients, NOT some stimulant like 1,3-Dim.▼
- **THE COMPLETE NUTRIENT PACKAGE:** Hardcore athletes who take a full scoop of Assault get the benefits of 4g of Beta-Alanine, 5g of creatine from the superior forms of creatine found in creatine monohydrate (over 3g) and Con-Cret®, 1.5g Citrulline Malate, 6g BCAA, carbohydrates, vitamins, and our High Performance Energy & Intensity Amplifier blend.▼

STAY FOCUSED AND BLASTING FROM THE START TO THE VERY LAST SET. PREPARE TO ASSAULT THE GYM.

WARNING: This product is only intended for use by healthy adults over 18 years of age. Do not take this product with alcohol. Do not take this product with any product containing caffeine or other ingredients that have a known stimulant effect. Consult your physician before using this product if you are taking any prescription or over the counter medications or supplements. Do not use this product if you are pregnant, expect to become pregnant or are nursing. Do not use this product if you are at risk or are being treated for any medical condition including, but not limited to: high or low blood pressure; cardiac arrhythmia; stroke; heart, liver, kidney or thyroid disease; seizure disorder; psychiatric disease; diabetes; difficulty urinating due to prostate enlargement or if you are taking a MAO inhibitor. Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving size or suggested use.
KEEP OUT OF REACH OF CHILDREN.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FUELING ATHLETES SAFELY™

**BANNED-SUBSTANCE FREE
CERTIFICATIONS**



SUGGESTED USE:

Mix ½ to 1 scoop of ASSAULT in 14-16 oz of water 20-30 minutes before training. For optimal results, drink a minimum of 1 gallon of water daily.

FOR hardcore TRAINING SESSIONS:

Use 1 scoop of ASSAULT in 12-16 oz of water 20-30 minutes before training.

FOR MODERATE-INTENSITY TRAINING:

Use 1/2 scoop of ASSAULT in 8-12 oz of water 20-30 minutes before training.

STORAGE AND MAINTENANCE: Due to the amount of active ingredients in this product, shake once daily and before use to ensure proper ingredient mixture and effectiveness per dose. Store this product in a cool dry place. This product is packed by weight not volume; some settling may occur during shipping.

MUSCLEPHARM.COM



EXCLUSIVELY DEVELOPED
& MANUFACTURED FOR:
MUSCLEPHARM®
4721 Ironton St. Bldg. A Denver, CO 80239 USA
MADE IN A cGMP AND NSF® CERTIFIED FACILITY
MADE IN USA