

Directions: As a dietary supplement, take one teaspoon (5 g) daily, preferably after exercise, or as directed by a healthcare practitioner.

Bluebonnet's L-Glutamine Powder provides highly concentrated L-glutamine from Ajinomoto, the world-class leader in the production of pure amino acids. This pharmaceutical-grade, vegetarian-sourced anabolic amino acid helps to build muscle strength, reduce muscle soreness, aid in muscle recovery and support the immune system, which is transitionally suppressed during rigorous physical exercise. Available in easy-to-mix powder for maximum assimilation and absorption. ♦

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
www.bluebonnetnutrition.com



FREE-FORM ANABOLIC AMINO ACID

L-GLUTAMINE POWDER

PHARMACEUTICAL-GRADE

Muscle Strength/Recovery &
Immune Support ♦

DIETARY SUPPLEMENT

NET WT 8 oz (230 g)

1597A



Bluebonnet

Supplement Facts

Serving Size 1 Teaspoon (5 g)
Servings Per Container 46

Amount Per Serving	% Daily Value
L-Glutamine (free-form) 5000 mg	*

*Daily value not established.

Other ingredients: None.

Free of fish, crustacean shellfish,
tree nuts, peanuts, wheat and soybeans.

Also free of milk, egg, corn, yeast,
gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.