

Directions: As a dietary supplement, take one liquid-filled capsule daily, preferably before exercise, or as directed by a healthcare practitioner.

Bluebonnet's L-Carnitine 500 mg Licaps contain free-form, pharmaceutical-grade L-carnitine, which is the purest source of this ergogenic amino acid in the marketplace today. Since vegetarian-sourced carnitine is naturally identical to what is found in the body and has been encapsulated in revolutionary, easy-to-swallow, liquid-filled capsules (Licaps®) for maximum assimilation and absorption, it is more bioavailable to help transport fat to muscle for immediate energy, stamina and endurance. Plus, this highly-concentrated L-carnitine has been micronized and solubilized in a clear, free-flowing liquid to more quickly metabolize fat into energy for optimal performance.♦

Manufactured for
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Bluebonnet

FREE-FORM ERGOGENIC AMINO ACID
L-CARNITINE
500 mg

PHARMACEUTICAL-GRADE

Energy, Stamina
& Endurance ♦

DIETARY SUPPLEMENT

100 Licaps



Supplement Facts

Serving Size 1 Liquid-Filled Capsule

Amount Per Serving		% Daily Value
L-Carnitine (free-form)	500 mg	*

*Daily value not established.

Other ingredients: Kosher vegetable capsules, purified water, glycerin.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.