

#1 PHARMACIST
RECOMMENDED*

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List No. 2602
L201
Cat. A555
5A009

Nature Made Fish Oil
supply comes from wild
caught ocean fish, not
farm raised fish.

*State-of-the-art
purification processes
are used to remove
PCBs, dioxins and
furans, and mercury to
ensure purity levels
below 0.09 ppm, 2 ppt
WHO TEQs, and
0.1 ppm respectively.

**Nature Made**

Fish Oil

1200 mg
+ Vitamin D 1000 IU



**PURIFIED TO
REMOVE MERCURY***

DIETARY SUPPLEMENT
90 SOFTGELS

**Helps Support Heart,
Bone, Teeth, Muscle
and Immune Health[†]**

**†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.**

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

(See nutrition information for total fat, saturated fat and cholesterol content.)

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 45

Amount Per Serving	% Daily Value
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Calories 25	
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Calories from Fat 20	
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Total Fat 2 g	3%**
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Saturated Fat 0.5 g	3%**
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Polyunsaturated Fat 1 g	
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Monounsaturated Fat 0.5 g	
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Cholesterol 25 mg	8%**
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Total Carbohydrate 1 g	< 1%**
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Vitamin D ₃ (Cholecalciferol) 2000 IU	500%
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Fish Oil 2400 mg	*
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Total Omega-3 Fatty Acids 720 mg	*
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Omega-3 EPA & DHA 600 mg	*
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Omega-3 Other 120 mg	*
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* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

*Fish oil provides omega-3 fatty acids EPA and DHA to help support a healthy heart.[†]

Vitamin D supports bone, teeth, muscle and immune health.[†]

No Color Added • No Artificial Flavors
No Yeast or Starch • Gluten Free

SUGGESTED USE: Take 2 softgels daily with a meal.
For easier swallowing, take with water before and during ingestion. Keep bottle tightly closed.
Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

CAUTION: If you are pregnant or nursing, taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

OTHER INGREDIENTS: Gelatin, Glycerin, Water, Tocopherols.

Contains: Fish (Mackerel, Anchovy, Menhaden, Herring, Sardine).

Distributed by:

Nature Made Nutritional Products,
Mission Hills, CA 91346-9606, U.S.A.
1-800-276-2878 • www.NatureMade.com

Encapsulated and quality tested in the U.S.A.

USP has tested and verified ingredients, potency, and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org.

†Based on Pharmacy Times Survey of pharmacists recommending Omega-3/Fish Oil Supplements.

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Lot:
Exp.:

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