

List No. 2552  
L201  
Cat. A533  
5A009



# HIGH POTENCY Magnesium

## 400 mg

**ONE SOFTGEL  
DAILY**

**DIETARY SUPPLEMENT  
150 SOFTGELS**

**Helps Support  
Nerve, Muscle &  
Heart Function†**

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**MAGNESIUM ALSO HELPS SUPPORT HEALTHY BONES & TEETH AND HELPS CONVERT FOOD INTO CELLULAR ENERGY\***

**Colors Derived from Natural Sources - No Synthetic Dyes**

**No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free**

**SUGGESTED USE:** Take one softgel daily, with a meal. For easier swallowing, take with water before and during ingestion. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children. **Do not use if imprinted seal under cap is broken or missing.**

**CAUTION:** Do not exceed one softgel daily or take with other products that contain magnesium, unless recommended by your health care professional.

Product may cause gastrointestinal disturbance, including diarrhea. Consult a physician

before use, if you have kidney disease or if you are taking prescription medications.

### Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
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Calories 10	
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Calories from Fat 5	
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Total Fat 0.5 g	Less than 1%*
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Magnesium (as Magnesium Oxide) 400 mg	100%
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\*Percent Daily Values are based on a 2,000 calorie diet.

**OTHER INGREDIENTS:**

Medium Chain Triglycerides, Gelatin (porcine), Glycerin, Water, Soy Lecithin, Colors Added, Yellow Beeswax.

Contains: Soy.

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A.

**1-800-276-2878 • www.NatureMade.com**

Magnesium softgels are made to Nature Made's guaranteed purity and potency standards.

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Lot:  
Exp:



ITEM #  
375283