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Nature Made.
KIDS FIRST®

Fiber
**Good Source
of Fiber**



60 Gummies

DIETARY SUPPLEMENT

Assorted Fruit Flavors
with other natural flavors

All Natural Flavors • Colors Derived from Natural Sources – No Synthetic Dyes
No Preservatives • No Yeast • Gluten Free

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 30

Amount Per Serving	% Daily Value For Children 4 Years and Over
Calories 15	
Total Carbohydrate 6 g	2%**
Dietary Fiber 4 g	16%**
Soluble Fiber 4 g	*
Sugars 1 g	*

* Daily Value not established.

** Percent Daily Values are based on a
2,000 calorie diet.

SUGGESTED USE: Children
ages 4-18 years: Chew two
gummies daily. If minor gas
or bloating occurs, reduce
daily serving.

Keep bottle tightly closed.
Store in a cool, dry place,
out of reach of children.

**Do not use if imprinted seal
under cap is broken or missing.**

CAUTION: Take only as directed.
Do not exceed suggested use
unless recommended by a
healthcare professional.
Not recommended for children
under 4 years of age due to
choking hazard.

INGREDIENTS: Inulin (Chicory Root Fiber), Water, Gelatin, Citric Acid, Lactic
Acid, Medium Chain Triglycerides, Natural Flavors, Colors Added, Monk
Fruit Extract, Carnauba Wax.

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • www.NatureMade.com

KIDS FIRST® Fiber gummies are made to Nature Made's guaranteed purity and potency standards.