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**Nature Made**  
**KIDS FIRST®**

**Fiber**  
**Good Source  
of Fiber**



**90 Gummies**

DIETARY SUPPLEMENT

**Assorted Fruit Flavors**  
**with other natural flavors**

All Natural Flavors • Colors Derived from Natural Sources – No Synthetic Dyes  
No Preservatives • No Yeast • Gluten Free

### Supplement Facts

Serving Size 2 Gummies  
Servings Per Container 45

| Amount Per Serving     | % Daily Value For<br>Children 4 Years<br>and Over |
|------------------------|---------------------------------------------------|
| Calories 15            |                                                   |
| Total Carbohydrate 6 g | 2%**                                              |
| Dietary Fiber 4 g      | 16%**                                             |
| Soluble Fiber 4 g      | *                                                 |
| Sugars 1 g             | *                                                 |

\* Daily Value not established.

\*\* Percent Daily Values are based on a  
2,000 calorie diet.

**SUGGESTED USE:** Children  
ages 4-18 years: Chew two  
gummies daily. If minor gas  
or bloating occurs, reduce  
daily serving.

Keep bottle tightly closed.  
Store in a cool, dry place,  
out of reach of children.

**Do not use if imprinted seal  
under cap is broken or missing.**

**CAUTION:** Take only as directed.  
Do not exceed suggested use  
unless recommended by a  
healthcare professional.  
Not recommended for children  
under 4 years of age due to  
choking hazard.

**INGREDIENTS:** Inulin (Chicory Root Fiber), Water, Gelatin, Citric Acid, Lactic  
Acid, Medium Chain Triglycerides, Natural Flavors, Colors Added, Monk  
Fruit Extract, Carnauba Wax.

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A.

**1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)**

KIDS FIRST® Fiber gummies are made to Nature Made's guaranteed purity and potency standards.