

BONUS PACK
50%
MORE FREE

BONUS PACK
50%
MORE FREE

BONUS PACK
50%
MORE FREE

THE FUTURE OF CREATINE™

- Superior Solubility*
- Superior Plasma Uptake*
- Creatine Micro-Dosing® Based on Body Weight
- No Loading, No Cycling*
- No Cramping, Bloating, Water Retention or GI Issues, when used as directed*

CON-CRET complies with all drug and doping control standards issued by professional and amateur athletic organizations.



6 82676 71072 0

REV 2011

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CON-CRET®

CAPSULES

CREATINE MICRO-DOSING®



Promote
**Strength, Endurance
& Muscle Recovery***

STACK WITH
BETA-CRET

CREATINE SUPPLEMENT

72 CAPSULES

Supplement Facts

Serving Size 1 Capsule (750 mg)
Servings Per Container 72

	Amount Per Serving	% Daily Value
Creatine HCl	750 mg	**

** Daily Value Not Established

Capsules contain no other ingredients, are vegetable base with no gelling agents and Halal, Kosher and Vegetarian Society approved.

RECOMMENDED ADULT USE: As a dietary supplement take 30 to 45 minutes prior to training with approximately 4-6 ounces of water or juice. CON-CRET can be taken on an empty stomach or with food. **Normal Training:** 1 serving per 100 pounds of body weight. **Intense Training:** 1-2 servings per 100 pounds of body weight. **Off Days:** Can take 1 serving per 100 pounds of body weight to assist in muscle recovery.

WARNING: Consult a physician or healthcare provider before using this or any other dietary supplement or starting any exercise program. Do not exceed recommended dose. Maintain adequate hydration when using. **KEEP OUT OF REACH OF CHILDREN. IF PREGNANT OR NURSING,** consult a healthcare professional before use.

U.S. Pat. No. 8,026,385

Manufactured for ProMera Sports • 61 Accord Park Drive • Norwell, MA 02061
Manufactured in the U.S.A. from international and domestic ingredients.
©2011 All Rights Reserved