

List No. 2421
L200
Cat. A768 / 5A007

excellent
source of
IRON

Directions for Use



Nature Made.

KIDS FIRST®

CHEWABLE & CRUSHABLE TABLETS

Multivitamin

Daily Nutritional Support†



120 Chewable Tablets

DIETARY SUPPLEMENT

Orange
with other natural flavors

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value for Children Under 4 Years of Age	% Daily Value for Children 4 Years of Age & Over
Vitamin A (400 µg RE as retinol acetate) 1333 IU	53%	27%
Vitamin C (as ascorbic acid) 30 mg	75%	50%
Vitamin D ₃ (as 5 µg cholecalciferol) 200 IU	50%	50%
Vitamin E (5 mg α-TE as dl-alpha tocopheryl acetate) 7.5 IU	75%	25%
Vitamin B ₁ (as thiamin mononitrate) 0.5 mg	71%	33%
Vitamin B ₂ (as riboflavin) 0.5 mg	63%	29%
Vitamin B ₃ (niacin as niacinamide) 6 mg	67%	30%
Vitamin B ₆ (as pyridoxine hydrochloride) 0.5 mg	71%	25%
Folic Acid 150 mcg	75%	38%
Vitamin B ₁₂ (as cyanocobalamin) 0.9 mcg	30%	15%
Iron (as ferrous fumarate) 5.8 mg	58%	32%
Iodine (as potassium iodide) 90 mcg	129%	60%
Zinc (as zinc oxide) 4.1 mg	51%	27%
Selenium (as sodium selenite) 17 mcg	*	24%
Copper (as cupric oxide) 0.56 mg	56%	28%

* Daily Value not established.

No Color Added • No Artificial Flavors • Gluten Free
SUGGESTED USE: Children under 4 years of age: One (1) tablet should be broken and crushed between two spoons, then water added to help administer the tablet with food. **Children ages 4-13 years:** Chew one (1) tablet daily with food. **Children ages 14 - 18 years:** Chew one (1) tablet twice daily with food. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.
Do not use if imprinted seal under cap is broken or missing.
CAUTION: TO BE CHEWED ONLY. Not intended to be swallowed whole. Take only as directed. Do not exceed suggested use unless recommended by a healthcare professional.

OTHER INGREDIENTS: Sorbitol, Mono & Diglycerides of Fatty Acids, Maltodextrin, Dried Yeast, Corn Starch, Silicon Dioxide, Natural Flavors, Magnesium Stearate, Sucralose, Citric Acid, Stearic Acid, Lactose, Modified Food Starch, Gelatin, Resin.

Contains: Milk

Distributed by:

Nature Made Nutritional Products

Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • www.NatureMade.com

KIDS FIRST® Multivitamin tablets are made to Nature Made's guaranteed purity and potency standards.

WARNING: This Product Contains Iron. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Lot:
Exp.: