

Directions: Take two capsules daily or as directed by your healthcare practitioner.

DIM Estro™ supports healthy estrogen metabolism for men and women.* Estrogen dominant conditions are associated with both environmental toxins mimicking estrogen and compromised metabolism of estrogens.* **DIM** (diindolylmethane), enhanced by curcumin and black pepper extract (BioPerine®), has been found to increase levels of "good" estrogens (2-hydroxyestrogens) while reducing levels of "bad" estrogens (16-hydroxyestrogens) and may result in a relief of symptoms associated with estrogen dominance.* DIM is an advanced metabolite of Indole-3-Carbinol, the indole found in cruciferous vegetables. Indoles support healthy estrogen metabolism and an optimal ratio of estrogen metabolites.* The BioPerine®/curcumin combination has demonstrated a dramatic improvement in the bioavailability, extent of absorption and serum concentration of the bioactive curcuminoids.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This Formula Meets or Exceeds cGMP Quality Standards.

NuMedica®

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Hormone Balance and Detoxification*

DIM Estro™

Support for Healthy Estrogen Metabolism in Men and Women*

120 vegetable capsules gluten free
PROFESSIONAL USE ONLY | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

	Amount	%DV
Curcumin (from turmeric extract)	600 mg	**
DIM (diindolylmethane)	150 mg	**
BioPerine®† (from piper nigrum/ black pepper extract)	2 mg	**

** Daily value not established.

Other Ingredients: HPMC (vegetable capsule), MCC (microcrystalline cellulose), rice flour.

Free of: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: If you are pregnant or nursing, consult your healthcare practitioner before use. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

† BioPerine® is a registered trademark of Sabinsa Corp.

Suitable for Vegetarians

