

Directions: As a dietary supplement, take one vegetarian capsule daily or as directed by a healthcare practitioner.

Bluebonnet's Standardized Milk Thistle Fruit & Seed Extract Capsules contain a standardized extract from



Indena® of total flavonoids [including silymarins], the most researched active constituents found in milk thistle. A clean and gentle water-based extraction method is employed to capture and preserve milk thistle's most valuable components. Available in easy-to-swallow vegetable derived capsules for maximum assimilation/absorption and for a truly vegetarian/vegan formula.

Indena® is a registered trademark of Indena S.p.A.

Bluebonnet's KOF-K Certification #K-0000700

CAUTION: Consult your healthcare practitioner prior to using this product if you are trying to conceive, pregnant, nursing, taking medication, particularly cognitive drugs, birth control, statins, blood thinners and other drugs broken down by the liver, or have a medical condition.



Bluebonnet®

STANDARDIZED

Milk Thistle Fruit & Seed Extract

80% Total Flavonoids [including Silymarins]

HERBAL SUPPLEMENT



60 Vegetable Capsules



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Milk Thistle Fruit & Seed Extract 175 mg	*
(Silymarin marianum L., standardized to 80% [140 mg] total flavonoids [including silymarins])	

*Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, silica, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Sustainably Wildcrafted.

Manufactured by
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