

This product includes BOTH Vitamins A and D₃. Country Life's Vitamin A & D₃ comes in a base of medium chain triglycerides (MCT) and is third party tested for heavy metals such as mercury to ensure purity and safety.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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| YES CERTIFIED GLUTEN-FREE BY GFCO.ORG | NO YEAST, CORN OR WHEAT |
| YES RECYCLABLE PACKAGING | NO SOY, MILK OR SALT |
| YES MANUFACTURING SUPPORTS WIND POWER | NO SUGAR OR PRESERVATIVES |
| | NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS |
| | NO MAGNESIUM STEARATE |
| | NO GMOs |

Lot No:

Best by:



This product has been manufactured at a GMP Registered facility.



Dietary Supplement | 100 Softgels

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —

Country Life

VITAMIN A & D₃

10,000 I.U. / 400 I.U.

Certified Gluten-Free

Supports immune, eye and bone health*



Directions: Adults take one (1) softgel daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 softgel

Amount Per Serving	% Daily Value	
Vitamin A (as retinyl palmitate, cod liver oil)	10,000 I.U.	200%
Vitamin D (D ₃)(as cod liver oil, cholecalciferol)	400 I.U.	100%

Other Ingredients: Medium chain triglycerides, gelatin, glycerin, purified water (capsule shell). Contains fish (cod). 100% bovine gelatin, BSE-free.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur. Not recommended for people who regularly consume liver. Do not exceed 10,000 I.U. of vitamin A per day. Pregnant women and women of child-bearing age, do not exceed 8,000 I.U. of vitamin A per day.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Manufactured for Country Life, LLC
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CountryLifeVitamins.com
Product No. 5651