



**RASPBERRY
LEMONADE**
NATURAL & ARTIFICIAL FLAVORS

HYBRID SERIES
DIETARY SUPPLEMENT
NET WEIGHT 1.62 LBS (736 GRAMS)

ASSAULT™

TRAIN LIKE AN UNCHAINED BEAST™



PRE-PERFORMANCE AMPLIFIER
CLINICALLY PROVEN TO ENHANCE:

- **PERFORMANCE:** STRENGTH / POWER / ENDURANCE *
- **FOCUS:** ENERGY / INTENSITY WITHOUT THE CRASH *
- **MUSCLE BUILDING:** LEAN MUSCLE MASS / DECREASE BODY FAT *
- **SAFETY:** PROVEN SAFE ON KIDNEY & LIVER FUNCTION / NSF® CERTIFIED*

Supplement Facts

Serving Size 23 g (1/2 scoop)
Servings Per Container: 32

Amount Per Serving		% DV†
Calories	40	
Total Carbohydrates	9 g	3%
Sugars	0 g	*
Vitamin B-6 (Pyridoxine HCL)	14 mg	700%
Vitamin B-12 (Methylcobalamin)	85 mcg	1416.67%
Calcium (from Phosphate and Silicate)	247 mg	24.70%
Sodium	45 mg	1.88%
Potassium	40 mg	1.14%

Assault Proprietary Blend 23000 mg *

Anti-Fatigue Adaption Matrix

CarnoSyn® Beta-Alanine, Citrulline Malate, (DMG) Dimethylglycine, Rhodiola Rosea (Root) Extract 3% Rosavins

Strength Domination & Recovery Matrix

Creapure(Creatine Monohydrate), Con-Cret® Creatine HCl (100% Concentrated Creatine)

High Performance Energy & Intensity Amplifier

Choline Bitartrate, Taurine, L-Tyrosine, Medium Chain Triglycerides (MCT), Caffeine Anhydrous, Papain 1000, Pyroglutamic Acid, L-Aspartic Acid, Camiella sinensis (White Tea Leaf Powder), Pyridoxine HCl, Methylcobalamin

3:1:2 BCAA Ratio (Patent Pending)

BCAAs (L-Leucine, L-Valine, L-Isoleucine)

Cell Volumizer

L-Glycine, L-Arginine Blend (L-Arginine AKG 2:1, Di Arginine Malate, L-Arginine HCL)

Cellular Transport Amplifier

Astragin® (Notoginseng Root Ext, Astragalus Root Ext.), Cinnulin PF® (Cinnamomum burmanii extract standardized to Type-A polymers)

Muscle Hydration & Electrolyte Blend

L-Glutamine, Phosphorus, Sodium, Potassium

Other Ingredients

Glucose Polymers, Natural and Artificial Flavors, Calcium Silicate, Citric Acid, Sucralose, Acesulfame Potassium, Salt, Calcium Phosphate, Magnesium Oxide, Potassium Chloride, FD&C Red#40

† Percent Daily Values (% DV) are based on a 2,000 calorie diet.

*Daily Value (DV) not established.

† **NOTICE:** Powder density may be affected by settling which may cause variations in the scoop serving size and fill levels from bottle to bottle.

ALLERGEN WARNING: This product was produced in a facility that may also process ingredients containing milk, egg, soybeans, shellfish, fish, tree nuts, and peanuts.

CON-CRET® is a registered trademark of ProMera Health, LLC and Creatine HCl is patent pending and licensed for use.

Cinnulin PF® is a registered trademark of Integrity Nutraceutical, Inc.

Astragin® is a registered trademark of Nuliv Science USA, Inc.

CarnoSyn® is a registered trademark of NAI, Inc., and is licensed under U.S. patents.



**DEMAND A CLINICALLY PROVEN
PRE-WORKOUT FORMULA.**

MusclePharm® Assault® is the most researched pre-workout out there because we are a company of athletes. We want to feed our bodies the best and pass our expertise on to other athletes. Multiple studies prove that 1 serving helps increase strength, aerobic and anaerobic performance. Assault™ meets NSF® and Informed Choice® product standards and is safe for kidney and liver function, even in chronic use cases.*

SUPERIOR INGREDIENTS, SUPER RESULTS.

- **CON-CRET™:** Assault™ is the only pre-workout formula to use this clinically-proven and patented version of creatine.▼
- **ASTRAGIN™:** Patented ginseng extract, lowers blood glucose levels, increases creatine/arginine absorption and ATP production▼
- **CINNULIN™:** Heightens absorption of creatine*, arginine*, vitamins and other ingredients launch directly into muscles.
(*Both workhorse substances also burn body fat while adding muscle, for a leaner, fuller physique.)▼
- **BCAAs:** "Concentrated" formulas hit hard, then leave you hanging. Our patent-pending ratio promotes stronger recovery and lean muscle mass.▼
- **NO 1,3-DIMETHYLAMINE:** Forget that quick high, crashes always follow. You need nutrients, NOT some stimulant like 1,3-Dim.▼
- **THE COMPLETE NUTRIENT PACKAGE:** Hardcore athletes who take a full scoop of Assault™ get the benefits of 4g of Beta-Alanine, 5g of creatine from the superior forms of creatine found in Creapure Creatine (over 3g) and Con-Crete®, 1.5g Citrulline Malate, 6g BCAA, carbohydrates, vitamins, and our High Performance Energy & Intensity Amplifier blend.▼

**STAY FOCUSED AND BLASTING
FROM THE START TO THE VERY LAST SET.
PREPARE TO ASSAULT™ THE GYM.**

WARNING: This product is only intended to be consumed by healthy adults 18 years of age or older. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery. Do not use this product if you are pregnant, nursing or prone to dehydration. Before using this product consult with your physician if you are using any prescription or over-the-counter medication or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAO Inhibitor (MAOI) or any other medication. Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing. **KEEP OUT OF REACH OF CHILDREN.**

▼ **These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

FUELING ATHLETES SAFELY™

**BANNED-SUBSTANCE FREE
CERTIFICATIONS**



SUGGESTED USE:

Mix ½ to 1 scoop of ASSAULT in 14-16 oz of water 20-30 minutes before training. For optimal results, drink a minimum of 1 gallon of water daily.

FOR HARDCORE TRAINING SESSIONS:

Use 1 scoop of ASSAULT in 12-16 oz of water 20-30 minutes before training.

FOR MODERATE-INTENSITY TRAINING:

Use 1/2 scoop of ASSAULT in 8-12 oz of water 20-30 minutes before training.

STORAGE AND MAINTENANCE: Due to the amount of active ingredients in this product, shake once daily and before use to ensure proper ingredient mixture and effectiveness per dose. Store this product in a cool dry place. This product is packed by weight not volume: some settling may occur during shipping.

MUSCLEPHARM.COM



EXCLUSIVELY DEVELOPED
& MANUFACTURED FOR:

MUSCLEPHARM®

4721 Ironton St. Bldg. A Denver, CO 80239 USA
MADE IN A cGMP AND NSF® CERTIFIED FACILITY
MADE IN USA