

Directions: As a dietary supplement, add one packet (4.5 g) daily to 8 fl oz of water, juice (apple, orange or tomato) or your favorite smoothie and mix or shake until smooth. For best results, liquid should be very cold. Mixes instantly without the use of a blender.

Organic • Vegan • Kosher • Gluten-Free • Soy-Free • No Added Sugar

Allergen Warning: Manufactured in a facility that processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts and peanut flavor.

Caution: Do not use this product if you are taking prescription medication like blood thinners; consult your healthcare practitioner before use.

Bluebonnet's KOF-K
Certification #K-0000700
Certified Organic by The Texas
Department of Agriculture



WARNING Consuming this product can expose you to chemicals that are known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food

Manufactured by: **Bluebonnet Nutrition Corp.**
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Bluebonnet



SUPER EARTH[®]
WHEAT GRASS



DIETARY SUPPLEMENT
EASY-TO-MIX POWDER
NET WT 0.16 OZ (4.5 g)



Supplement Facts
Serving Size 1 Packet (4.5 g)

** Percent Daily Value is based on a 2,000 calorie diet.

† Vitamin and mineral content is based on an average; amounts may vary.

Amount Per Serving	%DV	Amount Per Serving	%DV	Amount Per Serving	%DV	Amount Per Serving	%DV
Calories	15	Total Carbohydrate	2 g <1**	Vitamin A	6 mcgt <1	Calcium	25 mg† 2
Total Fat	0.5 g <1**	Dietary Fiber	1.5 g 5**	(as beta-carotene)		Iron	1 mg† 6
Saturated Fat	0.3 g 1**	Sugars	0.3 g	Vitamin K	100 mcgt 83	Magnesium	8 mg† 2
Trans Fat	0 g	Includes 0 g added sugars	0**	Riboflavin	0.12 mg† 9	Manganese	0.19 mg† 8
Cholesterol	0 mg 0	Protein	1 g 2**	Niacin	0.32 mg† 2	Potassium	160 mg† 3
				Folate	25 mcg DFE† 6	Sodium	4 mg† <1

Contains: Organic wheatgrass.
Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and soybeans.
Also free of corn, yeast, gluten, barley and rice.