

UNCONDITIONALLY GUARANTEED for purity and labeled potency. Store in a cool, dry place.

Note: Pregnant or lactating women should consult a health care professional before taking this product.

Keep out of reach of children.

*Calamarine® is a registered trademark of Pharma Marine AS.

†Hydro Q-Sorb® is a registered trademark of Tishcon Corp.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



CALAMARINE®



Consumer Trusted & Certified



Gluten Free



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Healthy Directions
Bethesda, MD 20817
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Dr. Sinatra

AMERICA'S #1 INTEGRATIVE CARDIOLOGIST®



**Omega Q
Plus®**

Resveratrol

**Dietary Supplement
Travel Size • 14 Softgels**

Doctor's Suggested Use: Take 2 softgels once daily with a meal. For added support, take 2 softgels twice daily with a meal.

Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 7

Amount Per Serving		% DV
Calories	15	
Total Fat	1.5 g	2%*
Cholesterol	<5 mg	1%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5-phosphate)	30 mg	1,765%
Folate	167 mcg DFE (100 mcg folic acid)	42%
Vitamin B12 (as cyanocobalamin)	750 mcg	31,250%
Calamarine®* Oil Concentrate (from squid)	1,250 mg	†
DHA (docosahexaenoic acid)	350 mg	†
EPA (eicosapentaenoic acid)	200 mg	†
L-Carnitine (as fumarate)	200 mg	†
Hydro Q-Sorb®† Coenzyme Q10 (as ubiquinone)	50 mg	†
Trans Resveratrol	30 mg	†

*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value (DV) not established.

Other Ingredients: Gelatin, glycerin, gamma-cyclodextrin, medium chain triglycerides, purified water, sunflower lecithin, yellow beeswax, silicon dioxide, annatto seed extract (color), lemon oil