

Directions: As a dietary supplement, add one scoop (4.5 grams) daily to 8 fl oz of water, juice (apple, orange or tomato) or your favorite smoothie and mix or shake until smooth. For best results, liquid should be very cold. Mixes instantly without the use of a blender.

Bluebonnet's Super Earth® Organic WheatGrass Powder provides 100% organic certified and non-GMO verified wheatgrass with no added sweeteners, flavors or colors. It is also gluten-free because it was cut before the grain formed.

Wheatgrass is one of the most nutrient-dense foods in the world. It contains chlorophyll, which helps transport these nutrients throughout the body thus providing its rejuvenating and energizing properties. Plus, chlorophyll contains enzymes and superoxide dismutase (SOD), the master cellular defense enzyme, along with other potent antioxidants to combat the destructive oxygen free radicals responsible for the aging process. Wheatgrass is also composed of essential vitamins, minerals, enzymes and protein, which contribute significantly to its energy and life-giving qualities. •

Bluebonnet's Super Earth® Organic WheatGrass Powder is cultivated without chemical fertilizers or pesticides since it is 100% organically grown, sustainably harvested at its nutritional peak, cautiously dried at low temperatures and meticulously milled into a fine powder. This fastidious farm-to-table process is important because it preserves the inherent chlorophyll, trace minerals and phytonutrients responsible for the energy-revitalizing and free-radical scavenging properties of wheatgrass. The fact that Bluebonnet's Super Earth® Organic WheatGrass has been carefully cultivated as though you grew, cut and milled it yourself is why it is the perfect addition to any healthy diet. Plus, it provides the opportunity to meet the recommended five servings per day of fruits and vegetables in just one naturally delicious scoop. •

Bluebonnet's Super Earth® Organic WheatGrass Powder delivers crucial vitamins, minerals, protein, enzymes and other powerful phytonutrients to:

• Revitalize and Reinvigorate the Body •
 • Promote Natural Energy •
 • Provide Potent Antioxidant Support •
 • Balance Body Alkalinity/pH •

Available in naturally delicious, easy-to-mix powder for maximum assimilation and absorption.

• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet

ORGANIC SUPER EARTH®
WHEATGRASS

DIETARY SUPPLEMENT • EASY-TO-MIX POWDER

NET WT 5.6 OZ (160 g)

Supplement Facts

Serving Size 1 Scoop (4.5 g)
 Servings Per Container Approximately 35

Amount Per Serving	% Daily Value
Calories	15
Total Fat	0.5 g <1**
Saturated Fat	0.3 g 1**
Trans Fat	0 g
Cholesterol	0 mg 0
Total Carbohydrate	2 g <1**
Dietary Fiber	1.5 g 5**
Sugars	0.3 g
Includes 0 g added sugars	
Protein	1 g 2**
Vitamin A (as beta-carotene)	6 mcg † <1
Vitamin K	100 mcg † 83
Riboflavin	0.12 mg † 9
Niacin	0.32 mg † 2
Folate	25 mcg DFE † 6
Calcium	25 mg † 2
Iron	1 mg † 6
Magnesium	8 mg † 2
Manganese	0.19 mg † 8
Potassium	160 mg † 3
Sodium	4 mg † <1

**Percent Daily Value is based on a 2,000 calorie diet.

† Vitamin and mineral content is based on an average; amounts may vary.

Contains: Organic wheatgrass.
 Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and soybeans.

Also free of corn, yeast, gluten, barley and rice.

Allergen Warning: Manufactured in a facility that processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts and peanut flavor.

CAUTION: Do not use this product if you are taking prescription medication like blood thinners; consult your healthcare practitioner before use. KEEP TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE. KEEP OUT OF THE REACH OF CHILDREN.

SERVINGS PER CONTAINER ARE AN APPROXIMATE. NOTE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. THEREFORE, SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING.

Super Earth® is a registered trademark of Bluebonnet Nutrition Corporation.

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Bluebonnet's KDF-K Certification #K-0000700

WARNING Consuming this product can expose you to chemicals that are known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food

