

Maxi-Hair® has been adored by loyal consumers for more than 20 years, and is one of Country Life's best-sellers. This product, which is formulated with B Vitamins, biotin and MSM, brings life back to your hair, skin and nails.** Also available in capsules with higher biotin potency in Maxi-Hair® Plus.

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

† Country Life always labels minerals in elemental weight.

CAUTION: If you are pregnant or nursing, taking medication, have a medical condition, or planning surgery, consult your doctor before using this product. Not recommended for people who regularly consume liver. Stop using and consult a doctor if any adverse reactions occur.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO WHEAT
YES CERTIFIED VEGETARIAN BY THE AVA	NO SOY OR MILK
YES RECYCLABLE PACKAGING	NO PRESERVATIVES
YES MANUFACTURING SUPPORTS WIND POWER	NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Lot No:

Best by:

This product has been manufactured at a GMP Registered facility.



Dietary
Supplement

90 Tablets

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country
Life**

MAXI-HAIR®

MAXIMIZED®

Certified Gluten-Free

Nourishment for:

- Healthier hair and skin**
- Strong nails**

Directions: Adults take two (2) tablets daily. For best utilization, take with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care/lab providers.

Supplement Facts

Serving Size 2 tablets

Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate).....	5,000 I.U.100%
Vitamin C (as ascorbic acid, rose hips)	200 mg333%
Vitamin E (as d-alpha tocopheryl acid succinate)	50 I.U.167%
Thiamin (vitamin B1)(as thiamine hydrochloride)	30 mg2,000%
Riboflavin (vitamin B2).....	50 mg2,941%
Niacin (as niacinamide)	50 mg250%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg2,500%
Folic Acid	400 mcg100%
Vitamin B12 (as cyanocobalamin).....	50 mcg833%
Biotin (as d-Biotin)	2,000 mcg667%
Pantothenic Acid (as calcium d-pantothenate).....	50 mg500%
Calcium (as calcium carbonate, calcium d-pantothenate)†.....	200 mg20%
Iodine (as potassium iodide)†.....	225 mcg150%
Zinc (as zinc amino acid chelate [rice protein based])†.....	15 mg100%
Selenium (as selenium rice chelate [rice protein based])†.....	50 mcg71%
Copper (as copper rice chelate [rice protein based])†.....	1 mg50%
MSM (methylsulfonylmethane).....	600 mg*
L-Methionine (free form)	250 mg*
Horsetail Extract (stem)	100 mg*
L-Cysteine (as L-cysteine hydrochloride)	100 mg*
Inositol	50 mg*
Choline (from 50 mg choline bitartrate)	20 mg*

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate, stearic acid, maltodextrin, cellulose & glycerin coating, silica, oligosaccharides (chicory root), calcium silicate, natural vanilla flavor, vegetable glaze.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
Product No. 5051

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