DIRECTIONS: As a dietary supplement, add one scoop (33 g) of **Bluebonnet's 100% Natural Whey Protein Isolate Powder** to 8 fl oz of water, juice or milk (dairy, almond, oat, rice or soy) and mix or shake until smooth. For best results, liquid should be very cold. Mixes instantly without the use of a blender.

Bluebonnet's 100% Natural Whey Protein Isolate is sourced from grass-fed cows that are not treated with antibiotics or recombinant bovine growth hormone (rBGH), also known as bovine somatotropin (BST).† Additionally, whey protein has the highest biological value (BV) of any protein on the market, which refers to a protein that has all of the essential amino acids in adequate quantities to sustain growth and development. That's why **Bluebonnet's 100% Natural Whey Protein Isolate** uses high-quality, microfiltered whey protein isolate with important, naturally-occurring immunoglobulins, which help support the immune system. Whey is also a rich and natural source of branched chain amino acids (BCAAs) and glutamic acid.✦

WARNING Consuming this product can expose you to chemicals that are known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food

Manufactured for
Bluebonnet Nutrition Corp.
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Sugar Land, Texas 77478 USA
www.bluebonnetnutrition.com

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Bluebonnet's 100% Natural Whey Protein Isolate provides fast-acting protein meaning its amino acids are easily and readily available to the body for immediate use - an especially important consideration for athletes to use after exercising to optimize the recovery phase by quickly replenishing the body's amino acid pool.✦

Unlike the common practice of using a heat-processed whey protein isolate that can denature (render useless) the protein and immunoglobulins, Bluebonnet employs a special low-temperature, microfiltration process that removes excess fat while leaving the protein undenatured and immunoglobulins intact.✦

For athletes, sports enthusiasts, weekend warriors and active individuals, take **Bluebonnet's 100% Natural Whey Protein Isolate** with:

- ✔ **Bluebonnet's BCAAs Vegetable Capsules** for building and repairing muscle.✦
- ✔ **Bluebonnet's Super Fruit Vegetarian SOD Cantaloupe Fruit Extract Vegetable Capsules** that contain naturally occuring superoxide dismutase (SOD) for reducing oxidative stress.✦
- ✔ **Bluebonnet's L-Glutamine Powder** for building lean muscle.✦
- ✔ **Bluebonnet's Nucleotide Complex 500 mg Vegetable Capsules** for producing energy and repairing muscle.✦

KEEP TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE.

KEEP OUT OF THE REACH OF CHILDREN.

SERVINGS PER CONTAINER ARE AN APPROXIMATE.

NOTE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. THEREFORE, SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING.

† THE FEDERAL GOVERNMENT HAS DETERMINED THERE IS NO SIGNIFICANT COMPOSITIONAL DIFFERENCE IN THE MILK OR MILK BY-PRODUCTS FROM rBST OR rBGH TREATED OR UNTREATED COWS.

TYPICAL AMINO ACID PROFILE PER SERVING
Values are based on amino acid milligram percentages per **26 grams of protein** in a single serving of **Bluebonnet's 100% Natural Whey Protein Isolate Powder**.

Amino Acid	*% Total Protein*	*mg*
Alanine	4.2%	1100 mg
Arginine	2.3%	610 mg
Aspartic Acid	8.9%	2315 mg
Cystine/Cysteine	1.8%	465 mg
Glutamic Acid	15.1%	3920 mg
Glycine	1.6%	405 mg
Histidine	1.5%	390 mg
Lysine	8.0%	2090 mg
Methionine	1.9%	505 mg
Phenylalanine	2.7%	690 mg
Proline	4.9%	1275 mg
Serine	4.3%	1120 mg
Threonine	5.9%	1530 mg
Tryptophan	1.4%	370 mg
Tyrosine	2.5%	640 mg
Branched Chain Amino Acids		
Isoleucine	4.9%	1265 mg
Leucine	9.2%	2380 mg
Valine	5.0%	1290 mg
Protein Fractions		
Beta-Lactoglobulin	60%	15,600 mg
Glycomacropeptides (GmP)	15%	3900 mg
Alpha-Lactalbumin	15%	3900 mg
Protease Peptone 5	5.0%	1300 mg
Immunoglobulins (IgG)	2.0%	520 mg
Serum Albumins	<1%	250 mg

Values are based on an average calculation of Whey Protein Isolate.

✦ These statements have not been evaluated by the Food and Drug Administration.This product is not intended to diagnose, treat, cure or prevent any disease.

Bluebonnet

100% NATURAL

WHEY PROTEIN ISOLATE

26g MICROFILTERED PROTEIN PER SERVING

from free-roaming grass-fed cows

- No antibiotics/hormones (rBGH)†
- Provides glutamic acid & BCAAs
- No artificial sweeteners/flavors
- 98% lactose free

DIETARY SUPPLEMENT • INSTANTIZED POWDER
NET WT. 2 lbs. (924 g)

Supplement Facts

Serving Size 1 Scoop (33 g)
Servings Per Container 28

Amount Per Serving		% Daily Value
Calories	125	
Total Fat	0.5 g	<1**
Saturated Fat	0.5 g	3**
Cholesterol	15 mg	5
Total Carbohydrate	3 g	1**
Dietary Fiber	0.5 g	2**
Sugars	1.5 g	
Includes 0 g added sugars		0**
Protein	26 g	52**
Calcium (from whey)	130 mg†	10
Iron (from cocoa)	0.5 mg†	3
Phosphorus (from whey, cocoa)	80 mg†	6
Magnesium (from whey, cocoa)	30 mg†	7
Copper (from cocoa)	70 mcg†	8
Chloride (from whey, sodium chloride)	70 mg†	3
Sodium (from whey, sodium chloride)	120 mg†	5
Potassium (from whey)	225 mg†	5

**Percent Daily Values are based on a 2,000 calorie diet.

† Mineral content is based on an average; amounts may vary.

Ingredients: Undenatured whey protein isolate, Dutch cocoa, natural chocolate flavor, non-GMO sunflower lecithin, stevia extract (Reb A).

Contains: Milk

Free of egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley and rice.

Allergen Warning: Manufactured in a facility that processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts and peanut flavor.

Bluebonnet's KOF-K Certification #K-0000700