SYNTHA-6 EDGE® is a synthesis of premium proteins designed to give your muscles the protein they need to support recovery without the excess carbs and fat you don't want. This protein packed shake delivers a milkshake-like experience that will have you convinced it's your cheat day. Give your recovery the performance edge. Fuel your muscles and reward your taste buds with SYNTHA-6 EDGE®

DIRECTIONS: Mix 1 scoop with 4-5 fl oz of cold water or your favorite beverage. To increase your protein intake per serving and achieve an even more amazing milkshake experience, use non-fat or low-fat milk.

SUGGESTED USE: For healthy adults, consume enough protein to meet your daily protein requirement with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.

Contents sold by weight, not volume.

This product has been manufactured by a Good Manufacturing Practices (GMP) facility.





AMINO ACIDS NATURALLY OCCURRING BCAAs & EAAs

DAY OR NIGHT

SYNTHESIS OF PROTEINS

REAL TASTE & TEXTURE



STRAWBERRY MILKSHAKE

PROTEIN POWDER DRINK MIX NET WT 3.86 LB (1.75 KG)

ONLY, DO NOT USE FOR

## **Nutrition Facts**

48 servings per container About 1 Scoop (36g) Serving size

## Amount per serving 150 Calories

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	% Daily Valu
Total Fat 3.5g	4
Saturated Fat 1g	5
Cholesterol 50mg	17
Sodium 160mg	7
Total Carbohydrate 6g	2
Total Sugars 2g	
Includes 1g Added Sugars	. 2
Protein 24g	48
Calcium 180mg	15
Potassium 190mg	-

Not a significant source of trans fat, dietary fiber.

vitamin D and iron. \*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet 2 000 calories a day is used for general nutrition advice.

INGREDIENTS: Protein Matrix (Whey Protein Concentrate, Whey Protein Isolate, Hydrolyzed Whey Protein, Calcium Caseinate, Micellar Casein Milk Protein Concentrate), Sunflower Creamer (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate Tricalcium Phosphate, Soy Lecithin, Tocopherols), Natural and Artificial Flavor, Lecithin, Gum Blend (Cellulose Gum. Xanthan Gum. Carrageenan). Salt, Beet Powder (color), Acesulfame Potassium Sucralose

CONTAINS: Milk and Soy.

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