

#1 PHARMACIST
RECOMMENDED*

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List No. 1416 PEL200
Cat. A420 5A007

Nature Made Fish Oil supply
comes from deep ocean
waters. Our fish oil is not
supplied from farm raised fish.

*State-of-the-art purification
processes are used to remove
PCBs, dioxins and furans, and
mercury to ensure purity
levels below 0.09 ppm,
2 ppt WHO TEQs, and
0.1 ppm respectively.



BURP-LESS*

Fish Oil

1200 mg
360 mg OMEGA-3

**PURIFIED TO
REMOVE MERCURY†**

DIETARY SUPPLEMENT
60 SOFTGELS

**Helps Support a
Healthy Heart†**

BURP-LESS*

Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat, saturated fat and cholesterol content).

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving	% DV
Calories 35	
Calories from Fat 25	
Total Fat 3 g	5%**
Saturated Fat 1 g	5%**
Polyunsaturated Fat 1 g	
Monounsaturated Fat 0.5 g	
Cholesterol 25 mg	8%**
Total Carbohydrate 1 g	less than 1%**
Protein less than 1 g	
Fish Oil Concentrate 2400 mg	*
Total Omega-3 Fatty Acids 720 mg	*
Omega-3 EPA (Eicosapentaenoic Acid) 360 mg	
Omega-3 DHA (Docosahexaenoic Acid) 240 mg	
Omega-3 Other 120 mg	

*Daily Value (DV) not established.

**Percent Daily Values are based on a 2,000 calorie diet.

**No Color Added • No Artificial Flavors
No Preservatives • No Yeast or Starch • Gluten Free**

SUGGESTED USE: Take 2 softgels daily with a meal. For
easier swallowing, take with water before and during
ingestion. Keep bottle tightly closed. Store in a cool, dry
place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

Caution: If you are pregnant or nursing, or taking medication,
facing surgery, have bleeding problems, undergoing any
other treatment which may affect the ability of blood to clot,
consult your physician before taking this product.

OTHER INGREDIENTS: Gelatin, Glycerin, Water, Methacrylic
Acid Copolymer, Polysorbate 80, Glyceryl Monostearate,
Triethyl Citrate, Tocopherols, Propylene Glycol.

Contains: Fish (Anchovy, Sardine, Mackerel).

Distributed by: **Nature Made Nutritional Products,**
Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • www.NatureMade.com

Fish Oil Country of Origin is Peru.

Encapsulated and Quality tested in the U.S.A.

Fish Oil softgels are made to Nature Made's guaranteed
purity and potency standards.

• Enteric coated to reduce fish burps.

† Based on Pharmacy Times Survey of pharmacists
recommending Omega-3/Fish Oil Supplements.

†This statement has not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure or prevent any disease.

Lot:
Exp: